# it

## 33

UK 1/6
JUNE 14–27
1968

THE FLIGHT OF THE BETHLEHEM STAR A SPACE POEM REVEALED

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Small Ads Friday June 21
What's Happening Thursday June 20
Editorial Copy Saturday June 22

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# THE CONSTANT FLUX

FOR the last three issues during shattering weeks of reorganisation and gathering of forces we have perhaps neglected to deal with smaller but often vitally important bits of information which filter through to us.

Most of these items do not particularly [illegible] long in [illegible] and [illegible] do not seem to warrant valuable print individually. They [illegible] William Burroughs [illegible] spread.

[illegible]

[illegible]

[illegible]

WE ARE ALL VERY [illegible]

HILL LEVY [illegible] Living Theatre [illegible] Avignon [illegible]

The Family [illegible] the Berlin Festival which [illegible]

The Living Theatre [illegible] their new piece PARADISE NOW which will be given its world premiere at the Avignon Festival at the end of July. [illegible] Cuba [illegible] in November.

The Living Family are hoping to go to the States in September and possibly Cuba later.

[illegible]

[illegible] Mike Dan.

CIVIL LIBERTY [illegible] National Council for Civil Liberties, 4 Camden [illegible] Street, London N.W.1 [illegible]

[illegible]

MICHAEL ABDUL MALIK has been receiving masses of [illegible] to [illegible] to reply to all the letters [illegible]

So [illegible] contact him, write to [illegible] or he will [illegible] answer all letters.

AS ICARUS approaches Earth just ten days before it reaches its nearest point John Hopkins will marry his Suzy Zeiger at St Pancras Registry Office (probably).

That's on Friday June 14 at 11.30 am which means it's probably all over by the time you read this, but never mind. Happy and there might be a [illegible] 'private' UFO in the evening.

LOS ANGELES [illegible] MISCELLANEOUS MAN [illegible] Los Angeles California [illegible]

[illegible]

LEGALISE POT RALLY '68
Date Sunday July 7 2.00 pm.
Locale Speakers Corner Hyde Park
Tentative Speakers Adrian Mitchell Steve Abrams
Motto "Show your Head"
Music The Ministry of Public Building and Works has declined to grant a licence for the playing of music at this event
Stickers/Posters Stickers and Posters (OZ Graphics) available from Release 52 Princedale Road W11.

[illegible]

SPIKE HAWKINS [illegible] and [illegible] away all the poetry [illegible]

[illegible] magnificent double-page spread [illegible] and we hope to publish it in IT/34 which comes out on June 28

This could mean the beginning of the world

RELEASE is producing a cheap poster for the July 7 Legalise Pot Rally. It sells at 1/6 which is almost cost price and which means no one is making money out of it. Buy one. Sell them for Release

SOMETHING you wouldn't know if we didn't tell you. In the last IT we published a story on [illegible] The Monster of [illegible] with some [illegible] photo-collages. When we [illegible] the page it looked very different to what finally appeared which was more or less totally non-committal.

The reason was that our lawyer warned us that most of the collages might be [illegible] to be obscene [illegible] and another was an arrangement of fingers [illegible] mouths. Anyway apologies to [illegible] to IT readers and to the [illegible]

A NEW SORT of political underground cabaret has recently opened in New York. It is called DMZ, or Demilitarized Zone [illegible] and is located at Broadway and 111th Street. These performers present a rich variety of [illegible] and a strong feeling of community has been developed. Contributors include local writers and also authors like Adrian Mitchell, Jules Feiffer, Eric Bentley, Wolf Biermann, Alex Gross and Jerome Clegg.

The words of a typical number:

AN AMERICAN CHILD'S PRAYER 1967

O God, keep Reds upon my bed
And keep me safe from every Red
And Black and Yellow and Light Brown
Who wants to tear our cities down!

[Here the Heavens open and a [illegible] the heavenly host [illegible] answers the 100% American child]

Since you came in a [illegible]
In God is our trust [illegible]
And [illegible]
We'll [illegible]

God doesn't wait [illegible]
[illegible]
Come down from Heaven [illegible]
And help God [illegible]

Since [illegible]
In God [illegible]
And [illegible]
We'll [illegible]

[Copyright 1968 By [illegible]]

NEWS [illegible]

# STREET SELL

UP TO now IT streetsellers in London have not been working together and co-ordinating to their best advantage. This has resulted in a great many people hammering off to Notting Hill Gate, Coventry Street, Portobello Road, etc. with their papers to find people already there fighting over those pitches, while there are other good pitches not being worked.

We are trying to get things moving. Here's how

1) Meetings where streetsellers can get together and work things out for mutual benefit. Open to all streetsellers. The next meeting will be at the IT office 8 pm., Tuesday 18th June

2) Syndicates: Streetsellers get together in small groups, selling and buying in bulk. Sid Rawle already has one such group working in Notting Hill. We are prepared to let these groups have papers at 5d. per copy, providing they sell over 1,000 copies. This means you get extra [illegible] and we only have to deal with one person instead of six.

3) Fuzz: We have tried to talk with the fuzz, who are semi-co-operative. However IT will now pay any fines of people busted for selling the paper.

Before you all rush out to get busted, don't forget this still [illegible] you at the fuzz courts and all that and involves us in a fraud scene we can't really afford. If you are bust [illegible] in touch with us as soon as possible with all the relevant information [illegible] number, where busted, charge [illegible] Don't forget our free Legal Selling [illegible] for you to take. Just ask for a copy.

SOUTH PLACE ETHICAL SOCIETY, Conway Hall, Red Lion Square, London WC1 [illegible]

WHAT do you really think of the layout/readability of this and the previous three issues of IT?

Complaints have come in that the double-spread idea is a failure though equally the concept has turned many people on.

Is it too difficult to read on buses/tubes? Should we revert to numbered pages which end in [illegible]? Or should we still keep the spreads but with no text running through the gutter (as in this issue)?

Write to us within 24 hours of reading this and say.

RECEIVED from [illegible] theatre guerilla

[illegible] Theatre, 11 Chaddington Street, London NW [illegible] CAST's [illegible]

[illegible] Christopher Logue, the Critics Group [illegible]

[illegible]

# SOFT TALL

**KEVIN AYERS/ Soft Machine**

FIRST of all I am on the stage playing the guitar in front of a massive unidentifiable being. Secondly I am part of the beast and watching myself perform, goading myself from the front row to break out and explode.

[illegible] that we are both disappointed [illegible] explosion [illegible] no frame. [illegible] by [illegible] that feel [illegible] to embrace [illegible] there is no [illegible] to share and the only [illegible] sympathy [illegible] to escape the seemingly inescapable shell that imprisons our components [illegible]

The real FREAK OUT is still confined to [illegible] experience [illegible] energy intensity as that created [illegible] any such physical [illegible] rational male! However [illegible] is presented in a spectacle [illegible] effect [illegible] contagious [illegible] especially by a collection of people. The effects of these [illegible] most [illegible] the devastating effects [illegible] of happenings?

My performances led to be anything more [illegible] because the spectator [illegible] approval or disapproval both of which are [illegible] they only provide a short lived [illegible] performer and spectator rarely carried out [illegible] and offering no more than a level of pleasure or [illegible]

All total [illegible] ecstasy. [illegible] participation [illegible] a performance which [illegible] ecstasy of all [illegible] performance [illegible] must be [illegible] moment.

Primitive peoples [illegible]

The reason for the above role cases is that I believe (with my head) a new kind of performer will evolve or emerge and the type of performance will be radically different. Instead of being amused with [illegible] people will amuse themselves under the [illegible] of the New Performer.

The amusement will no longer [illegible] fantasy but will take the form of self discovery and experience, hopefully be [illegible] that [illegible] total experience, perhaps [illegible] hypnosis [illegible] part of the performers. Or perhaps the New Performer will be a [illegible] group [illegible]

What do I think I mean by total participation?

[illegible] with possible injury and/or death, a man will [illegible] When confronted with [illegible] he will still be [illegible] that there is a more rational way [illegible] logic [illegible] the need of reason [illegible]

The difference between the madness of violence and the madness of the extraordinary is that violent [illegible] such a low message to every human being. The madness of the extraordinary [illegible] lighter [illegible] of the [illegible] (By madness I do not specifically mean insanity and define [illegible] I mean here the madness that seems most [illegible] of leaving our accustomed experience and exposing ourselves to entirely unfamiliar experiences)

This lowering of defences to the unfamiliar is difficult even if you need this you are asleep.

Well how often can you [illegible] do you remember what you felt half an hour ago (if anything)? Do you still feel that you are a trapped soul peering through the two available windows of your body [illegible] making contact with something but never content [illegible] really feel you have totally part [illegible] in the experience...

Well, your ignorant will pitying [illegible] away with your doubts the wind is your sponsor

# REX SET

Festival Hall June 3 [illegible] Tyrannosaurus Rex [illegible]

[illegible] who opened [illegible] successfully

John Peel made [illegible] between [illegible]

[illegible] very professional performer [illegible]

David Bowie [illegible] were looking [illegible] the longest [illegible] performers [illegible] have a longer [illegible]

[illegible]

One thing [illegible] coming out in about 3 or 4 weeks [illegible] I find. My people were fair and had sky in their hair but now they're content to wear stars on their brows.

I heard one side of this LP [illegible] months ago [illegible]

*Aly*

## If Music Be The Food of Love

# YOUR STABLE DIET

| | | |
|---|---|---|
| FRIED HOCKEY BOOGY | Canned Heat | LBS 83103 |
| THE BEAT GOES ON | Vanilla Fudge | SD 33237 |
| SHAKE YOUR MONEY MAKER | Fleetwood Mac | 7/63200 |
| SEVEN AND SEVEN IS | Love | EKS 4005 |
| RAISE 4 | Thelonious Monk | CS 9632 |
| C JAM BLUE | Jimmy Smith | SVLP 9123 |
| BLUES 1 AND 8 | Jack McDuff | PR 7258 |
| THE NAZ | Lord Buckley | 689010 ZL |
| JOY HOUSE | Jimmy Smith | VIP 8078 |
| I LOVE YOU | Murray Roman | NC 101 |
| GEORGIE ON MY MIND | Spencer Davis | STL 5295 |
| CAT SQUIRREL | The Cream | 593001 |
| HOW SUITE IT IS | Jefferson Airplane | 7926 |
| AXIS BOLD AS LOVE | Jimi Hendrix | 613003 |
| FOXY LADY | Jimi Hendrix | RS 6281 |
| SPANISH LADY | John Handy | SCPG 62678 |
| HIT THE ROAD JACK | Ray Charles | CSD 1482 |
| 1812 OVERTURE | Bournemouth Symphony | TWO 139 |
| DOUBLE CROSSING TIME | John Mayall | LK 4901 |
| HAPSHASH AND THE COLOURED COAT | 1968/4 | |

*By Chick Churchill organist of Ten Years After*
*These records were heard on the plastic dream machine at Musicland 230 Portobello Road W 11*

## TURN ON your stereo take 20 TRIPS

# GUERILLA POP

IT/33
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POP MUSIC is one of the [illegible] media but is quickly becoming strangled in its own and society's [illegible]

To become a pop group in the first place is hard. You need up to a thousand pounds worth of stuff to be properly equipped, you need transport and you need rehearsal premises.

If you want to be original and do your own thing you are at a disadvantage to begin with.

First most record companies are reluctant to let a bunch of freaks do their thing in a recording studio. (We found someone to [illegible] make our LP but this was the most amazing luck)

Second the record does get released. BBC radio devotes only three hours a week to new wave pop (John Peel), and there is no T.V. [illegible]

Third promoters are slow to book this type of group since [illegible] has failed to [illegible] the standard of taste of the average [illegible] above [illegible]

The few groups and artistes who do [illegible] make it with their own scene despite all the hang-ups, The Who, Arthur Brown, Hendrix etc. now play for the most part in the States leaving Britain as much a wasteland as before.

So what can we do about the situation? The answer is:

a) Support all moves for free radio

b) Organise all your friends to request The Mothers be played on Family Choice

c) Beg the man at your local trendy [illegible] club to book Underground groups and at the [illegible] show up in force to support them

About five months ago the Deviants reformed and at the same time created two [illegible] Mick and Filthy Paul [illegible] and the Wigwam Gang.

The aim of the Wigwam Gang was now provide a [illegible] instead of [illegible] A rock group [illegible] can be as effective as a machine gun. Mick and Filthy was the [illegible] to make this possible. So far it has produced posters [illegible] Dylan, Hendrix [illegible] and

[illegible] the new Deviants. It is now ready to move into phase two.

Putting pop groups into the streets, into parks throughout this summer is the first move. Hundreds of [illegible] Drury Lane on a Saturday afternoon is more effective than a dozen protest marches. We do however need help in the following ways. In London we need information on sites. If you know of a vacant lot, a car park or something [illegible] with somebody nearby who can provide a source of electricity.

Out of London we need the same information but also we need commercial bookings to help cover the cost of transport etc. For instance the free concert we did for the [illegible] students at Essex cost nearly twenty quid which is more than one member of the group at present earns in a week. The ideal situation is to play the local club on the Saturday night and then to give a free guerilla concert the next day. Please send ideas or information to us care of I.T. Also if you are in another group and you want to create similar scenes get in touch.

*Mick Farren*
*Deviants*

# MIDSUMMER HIGH

SATURDAY 29th and SUNDAY 30th June at NASH HOUSE in THE MALL

SATURDAY AT NOON

USTAD IMRAT KHAN —sitar and surbahar

This is a Free Ad for

FREE HYDE PARK
at the Cockpit, Hyde Park 3pm
Saturday 29 June

PINK FLOYD
TYRANNOSAURUS REX

Presented by the Ministry of Works

SATURDAY night HIGH

BONZO DOG DOODAH BAND NICE JUNIORS EYES Unique Films Lights poets surprises and of course SIMON with his plastic Dream Machine

Amazing Arts Lab Food

SUNDAY evening

West Indian Words with ANDREW SALKEY EDDIE BRATHWAITE JOHN la ROSE and other poets and writers plus

USTAD IMRAT KHAN

TICKETS

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If you're a writer write for us
Send us tapes and picture
APPLE 94 Baker St W 1
(Thanks)

WITH THE EMPHASIS ON ENJOYMENT

# THE INCREDIBLES ARE BACK!

elektra

"On a Summer Evening"
ROYAL ALBERT HALL
SATURDAY June 29th

TICKETS: 20/- 15/- 10/6 7/6 3/6
FROM ROYAL ALBERT HALL
TEL: 01 556 8212 OR AT DOOR

ITEMS which are forthcoming on the literary scene include the following:

Vahalla Press, 3 Queens Gate London S.W.7 are bringing out 11 little poetry mag with 11th contributors as Spike Hawkins, Libby Houston and Rick Sylvester which promises to be interesting.

The Weed/Flower Press c/o Nelson Ball 504 Markham St. Apt 1 Toronto 4 Ont Canada have just published Carol Bergé's Poems Made of Skin 11 15/6. These new poems continue in the grand tradition of her Vancouver Report (Fuck You Press, New York) and her contributions to Four Young Lady Poets. 50 pages and worth the trouble of writing for.

Great Lake Books, c/o Kaleidoscope, P.O. Box 5457 Milwaukee Wisconsin 53211 have a new book of poems from James Hazard called The Thief of Kisses at 8/6. Some of his poems you may have seen in the UPS paper Kaleidoscope.

Diane di Prima's Poets Press has a new book by Diane di Prima called Earth Song Poems 1957-59 in the usual tradition of beautifully produced books from Poets Press. These early poems are essentially from the Beat Generation scene of the New York fifties. Distributed in Britain by Lydia at 13/-.

A new magazine from Liverpool called Apocalypse costs 2/6 from 8 Drummond Rd Liverpool 4 and includes drawings and poems by a number of the younger poets on the scene. Promises to be an exciting part of the Liverpool Scene.

Solstice is still coming out from 21a Silver St. Cambridge and the latest issue we have is No 6. Contents vary from Tuli Kupferberg to Dave Chaloner who has read his poems all around the country. Certainly a magazine worthy of support. 2/6 a copy or 10/6 a subscription. Solstice 5 may still be available and contains interesting material from Nuttall, Tarn, Brian Patten and John Fernival.

London School of Economics Clare Market Review is still coming out at 2/6 (from LSE Students Union, Clare Market, London W.C.2.) and the summer 1968 issue includes material from Adrian Mitchell, Giles Gordon, Jim Burns, Roger McGough, as well as articles of some interest.

Robert Olaf Stoop's Real Free Press of Amsterdam, Reestraat 34, Ganzen [illegible] 14916 has a new one out called W[illegible] at 5 guilders (or 6/-). Though all in Dutch the standard of art work is very high and some of it absolutely extraordinary. Should be a welcome addition to your pad.

For those who can read Italian, Jonathan Williams has a fine collection of poems out from Lerici Editore SPA Via Santa Tecla 5 Milan or the Aspen Institute of Humanistic Studies P.O. Box 219 Aspen Colorado 81611 (L.1000 (10/-). The poems are also in English and there are some beautiful half tone illustrations throughout the book.

Carolee Schneemann has sent us the latest issue of Caterpillar (No 2) published by Clayton Eshleman 36 Greene St New York 10013 (11/-), containing fine material from [illegible] the editor, Vallejo, Stan Brakhage on films and illustrated throughout with stills and drawings. 154 pages. Of particular interest is new work by Robert Duncan and some previously untranslated Antonin Artaud.

# MILES

Dick Higgins's Something Else Newsletter from the Something Else Press 238 West 22 St, New York 10011 is still coming out at 40cents, and No 7 consists largely of chat on [illegible]. They report on latest developments in the happenings and concrete poetry scenes.

Graham Mackintosh of the Oyez Press in San Francisco has printed a beautiful folder containing seven packets of flower seeds entitled Please Plant This Book by Richard Brautigan. Each packet contains a poem and instructions on planting. Given away free only. Kindly left by Danny Rifkin.

An enormous volume from the Ted Berrigan, Ron Padgett conspiracy entitled Bean Spasms is out from the Kulchur Press distributed by the Corinth 722 Park Avenue South New York 10003 and priced probably about 12 dollars. Containing novels, plays, poems, interviews, photos, translations and letters essential to the understanding of the New York literary scene.

Breakthru Publications of Pens Concrete, Haywards Heath Sussex will produce their mag at 3/- which is still a little difficult to read but is an phenomenal amount of material. They have published two books [illegible] Poetry From the [illegible] the City and the Man from [illegible] but probably 2/6 to 3.

A new information sheet from Clifton [illegible] Bristol keeps you up to date with [illegible] and Bristol underground. No price but certainly very cheap, worth all the support you can give it. Write immediately to Clifton Free Press, Ian Vine c/o Students Union, Queens Road, Bristol 8.

An interesting new mimeo magazine called [illegible] from 6 Ensley Street London W.C.1 at [illegible] with its first issue at 1/-. These little mimeos deserve as much support as possible and are more informative than the official press.

The Vigan Communication Movement has reached No 30 with their mimeo mag Ahima Communication which is published from VCM c/o The Tathata Centre, [illegible] Newport Glos. Sending a small contribution should secure you a copy. Important for anyone interested in [illegible] communities.

The Kan Kennedy Club Annual from St Andrew's University. Film as well as the usual university articles, contains a beautifully produced permanent version of Simon Vinkenoog's [illegible] article. The New Babylon. Unfortunately no price is given.

Stuart Montgomery's Fulcrum Press has a magnificent edition of Spike Hawkins's poems The Lost Fire Brigade. Spike was described by Brigid Brophy in the Sunday Times as [illegible] lows. 1967 was the year when, protesting poets in a bonfire outside the Arts Council. The poems which didn't get Spike Hawkins a bursary from public funds fly like bonfire embers. Sharp surreal fragments of work-a-day or nursery imagery (plus [illegible]) they leave small but lasting scars on the imagination. 21/- from all good bookshops.

Charles Olson's Mayan Letters though included in the selection from New Directions [illegible] New York have been published in a 7/6 paperback edition in Britain by Jonathan Cape and illustrates an ideal pocket book for [illegible]. Provoking essays first published in 1953 which still have the same force and command the same respect as they did when Creeley first published them in Mallorca.

# SWEDES SWIRL

One Sunday afternoon in May young people dressed in colourful clothes, harlequin bodies in dresses, mexican hats or just anything were dancing and swaying through the streets of Stockholm with music from flutes, drums and Indian instruments, a sun carnival!

An anti-demonstration with no slogans no pickets. Everybody who entered the procession got a flower and the spectators were given cherries.

The organisers were Art Distribution, an international and open coalition of free artists and people who want to bring about an art that serves the Nature with which we are cooperating and creating. It is a union with numberless members. Numberless because all human beings are Children of the Sun.

The initiator and the inward leader of Art Distribution is the writer and artist Percival Bucklund who gathered the people in front of [illegible] in town and declared a new revolution: the revolution of the artists. Everybody is an artist. Everybody expresses himself or herself in one or another way. Who does not express himself? Who is not artist? Who is not a revolutionary?

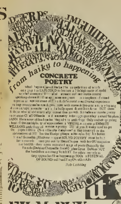
Art Distribution has also got other things going: art exhibitions, radio programs, plays etc. Recently they published a book dedicated to the sun. Crosswords, a rhythmic mass where words, typography, illustrations, book-cover and presentation is the work of Bucklund, one-time carpenter and hermit in the Sahara and India.

Words is an earlier book by Bucklund. (Both obtainable at Lydia bookshop.)

Art Distribution publishes original documents from other times and cultures such as the Egyptian and Tibetan Books of the Dead and Secret sayings of Jesus. Important works by Samuel Beckett and James Joyce are also published.

*ART DISTRIBUTION*
*RINDOGATAN 34*
*STOCKHOLM NO*

*Nanne Ga*



## CONCRETE POETRY

what began as small Haiku-like manipulation of words on a page has EXPLODED to become a 7 ft high maze of multi-worded scenery [illegible] utterance and automatic central speaking-chant [illegible] poem [illegible] in a complex of sound & [illegible] total sound/visual experience [illegible] loop [illegible] with [illegible] live [illegible] buzzing [illegible] BUT there [illegible] those who [illegible] concrete poetry [illegible] Stephen BANN [illegible] anthology. Only anthology giving [illegible] VISUAL concrete is EMMETT WILLIAMS anthology of concrete poetry 25/- if you're lucky enough to get the paper edition (Not officially distributed in this country) or the alternatives of 55/- for the Hansjorg Mayer edition or 84/- for better [illegible] Something Else Press [illegible] SOUND POETRY must be had from records [illegible] put out by Henri Chopin with his OU magazine [illegible] they cover restricted range of poets (basically the French (Dufrene Chopin Heidsieck) plus Gysin, DeVries) BUT the best thing is coming [illegible] for other records as they appear and the happening is SOON: a FESTIVAL OF SOUND will burST upON our EARs

*Bob Cobbing*

IT/33
June 14-27
1968

# HAI KU

Haiku. John Esam, Anselm Hollo, Tom Raworth. Trigram Press

No-one dare say anymore what a form of verse should do. This is I think very good. It is as well though not to lose sight of the things a poem may do through the device of circumscription. The whole purpose of imposed form in verse or anything else is that it underlines the control by the will of the artist and his skill. The trick, the effect, the special possibility of a strict verse form is to get the reader saying 'Ah how true' and 'Jesus Christ that's clever' at exactly the same moment. Thus he might be prevented from picking holes in the poet's thought by the seduction of the poet's wit and in poetry that's all in the game. In fact it IS the game. If a poet can't lie like an angel, how in hell can he serve the truth.

In the oriental verse form, the haiku, you have three lines: first of five syllables, second of seven and the third of five again. No-one knows if the poet has brought it off until literally the last syllable. The maximum effect of the haiku, then, is to be derived from the precise coincidence of the content with the final syllable so that message and perfect form are delivered together. It's all rather like a good comedian dropping his punch-line at the right moment. Like Anselm Hollo: 'round heaps of cells grow / fly to lemon porridge, later / become The Supremes'. The irony of the majestic singers having once been slobbering babies is not delivered until that final onomatopoeic creamy syllable which perfectly completes the five of the line.

In this volume Hollo and Raworth stick pretty faithfully to the five/seven/five form but each to a different purpose. Hollo's work here, like his longer poems, is gaily, languidly dramatic. He plays with his now familiar skill on the trivial and deflates it with an avuncular irony that says 'well that's life I guess'. Behind the easy urbanity are, I suspect, a few rather platitudes that Hollo would never be so indiscreet to [illegible] only state plain [illegible] Left [illegible] Well it's a crazy old world but we struggle through somehow. Behind Hollo lurks no Eastern wit [illegible] Western [illegible] Rather [illegible] the subtlest shade of the [illegible] of Thornton Wilder's narrator from Our Town. This is not, I think, a mood and a message that draws the most benefit from the haiku. Whilst it may seem to have a superficial sympathy with [illegible] masters [illegible] it is a little soft around the edges for the oriental format which is always a fairly lucid demanding an [illegible] impartiality of observation and the sparrow's eye [illegible] Raymond Chandler possessed. This is precisely what Raworth has to an almost [illegible] degree. His images picked with a magpie precision [illegible] and glint in their setting. They accumulate into a clean austere [illegible] interior [illegible] by sentiments or passions. Their clarity [illegible] economy of [illegible] expression, and indeed can only be achieved through this [illegible] detachment for which the haiku was created, like the calligraphic drawing, as an ideal vehicle.

This attitude of the perceptions is markedly different from the Barbary Coast Orientalism of the beat generation. The kind of haikus Kerouac and Snyder shouted blithely to each other as they climbed their mountain in The Dharma Bums have no attempt at the poetic form of the haiku. Ferlinghetti is indeed the [illegible] to a western pantheistic spirit that merely borrowed from the East. As regards beat haikus they can be said to have borrowed a whole name [illegible] an attitude [illegible] from the East. John Esam [illegible] beat poet with the benefits of vision and generosity of feeling that go with the mode. His haikus here are not haikus in the strict sense. It begs an appreciation of the kind of talent he has, though, to demand of it the kind of formal strictness in which Hollo and Raworth excel. His poems here are a series of short poems and read like Pound's Cantos, which are relatively evocative and enjoyable.

*JEFF NUTTALL*

# FILM BUX

THIS past year has seen a sudden explosion in the number of film books published in London. In addition to Peter Cowie's International Film Guide series, which has been bringing out film paperbacks for many years there are now no less than three new series.

Inevitably this rush to print has meant a certain unevenness in quality and had produced too many duplications. There are already two books each on Godard, Losey and Resnais. But it is to be hoped that the success of these new books will encourage film distributors and cinema owners to be more adventurous in their programming. How often is one able to see any film of Stroheim, Bunuel or Franju in London, for example? Yet all these directors have merited brilliant studies in the Movie Paperbacks series.

Both the Bunuel and Franju books come from Ray Durgnat whose name must be familiar to anyone interested in the cinema and especially to readers of IT. His erudite and individualistic approach to the cinema is reflected in both these new studies. But the most highly recommended volume in this series is Charles Barr's study of Laurel and Hardy – not only perceptive and interesting in itself but an intelligent use of film stills, as well. This is the kind of book which makes you want to see the films, but in London this often means the frustration of waiting for a season at the National Film Theatre.

This series also includes books on John Ford and The Heavies, both valuable illustrated reference books well stocked with filmographies. And of related interest is the long-awaited reappearance of Movie Magazine which includes a long interview with Don Siegel.

The International Film Guide Series adds to its numbers The Musical Film and Animated Film, an excellent new reference book on The Western by Allen Eyles. Roy Armes' study of Alain Resnais is a welcome addition to the film book literature devoting a long section to the early phases of Resnais career as an outstanding director of short films which often tend to be neglected in favour of the better known features. Suspense in the Cinema, like the earlier study of The Horror Film, suffers from an attempt to cover too broad a subject and reads too much like a succession of plot synopses.

Moving on to the Cinema One series produced by Sight & Sound/Secker & Warburg, the BFI affiliation is not reflected in any particularly adventurous choice of titles. And in spite of the striking cover and price of 15s the text is often shorter than that in the other two series. Most highly recommended is Losey on Losey and Robin Wood's study of Howard Hawks which improves on his previous study of Hitchcock; rather than concentrating exclusively on a small group of films, it ranges freely over the broad scope of Hawk's long and varied career. But I would have been interested to read more about Hawk's career prior to Scarface (1932). Some of the books, like the studies of Visconti and Resnais, have a strong literary philosophy bias which ignores the visual qualities, acting etc of these directors. Finally a rather unusual and fascinating account of the making of It Happened Here by Kevin Brownlow.

The third new paperback series comes from Lorrimer Books – an illustrated series of film scripts. Again Godard has been well represented – by Alphaville, Le Petit Soldat and Made in USA (a film which has yet to find a British distributor) and with Pierrot le Fou planned for the near future. Other books in the series include Renoir's La Grande Illusion, Eisenstein's Potemkin and Fritz Lang's M with Sternberg's Blue Angel, Truffaut's Jules et Jim and a special Bunuel issue (L'Age d'Or and Un Chien Andalou) all due to appear shortly.

Of particular interest to IT is the publication of Renan's book on The Underground Film. This is a large-format hardcover version of the standard reference work on the American underground film. Unfortunately this book tries to serve as both a reference for those already familiar with the films and as an introduction for the general reader. Thus, an unfortunate opening chapter entitled 'What is an Underground Film?' must appear embarrassingly naive to those in the know. But this is only a minor criticism of a book which is a must for anyone interested in the cinema.

*Joel W. Finler*

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LAUREL & HARDY by Charles Barr
THE HEAVIES by Ian and Elisabeth Cameron
GODARD ESSAYS by various writers
THE UNDERGROUND FILM by Renan (Studio Vista hardback) 35/

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THE WESTERN by Allen Eyles
ALAIN RESNAIS by Roy Armes

Sight and Sound (Secker & Warburg) 15/- each

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*The authors are the directors of The Foundation for Mind Research New York and are co-authors of The Varieties of Psychedelic Experience*

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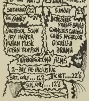

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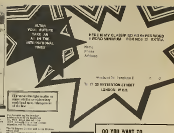
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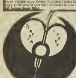

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## FRIDAY JUNE 14

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## SATURDAY JUNE 15

[illegible]

## SUNDAY JUNE 16

[illegible]

## MONDAY JUNE 17

[illegible]

## TUESDAY JUNE 18

[illegible]

## WEDNESDAY JUNE 19

[illegible]

## THURSDAY JUNE 20

[illegible]

## FRIDAY JUNE 21

[illegible]

## SATURDAY JUNE 22

[illegible]

## SUNDAY JUNE 23

[illegible]

## MONDAY JUNE 24

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## TUESDAY JUNE 25

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## WEDNESDAY JUNE 26

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## THURSDAY JUNE 27

[illegible]

## FRIDAY JUNE 28

[illegible]

## SATURDAY JUNE 29

[illegible]

## SUNDAY JUNE 30

[illegible]

# CONTINUOUS

## THEATRE

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## EXIBITION

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# ARTSLAB

## FRIDAY JUNE 14

Theatre
1) 'Crossmembers' parable in [illegible] and sound by Bez Kershaw in conjunction with Will Spoor.
2) 'Out of Our Minds' by the Switch Improvisation Group.
3) 'The Penal Settlement' Kafka/Steven Berkoff.
Cinema 8.30 pm. History of Innovation and Experiment in the Cinema contd. LENI RIEFENSTAHL — Berlin Olympiad 1936 (Complete) Late films from midnight till 3 a.m.
Gallery Cinema exhibition

## SATURDAY JUNE 15

Theatre as June 14.
Cinema as June 14.
Gallery Masks exhibition. Please bring and/or make your own masks.

## SUNDAY JUNE 16

Theatre 'Crossmembers' & 'Out of our Minds'.
Cinema History of Innovation etc. continued
Gallery Masks.
Music 6.00 pm [illegible]

## MONDAY JUNE 17 ARTS LAB CLOSED

## TUESDAY JUNE 18

Theatre
1) Crossmembers
2) Proposed visit of mime company BEWTH from Amsterdam for two weeks
Cinema 8.30 pm open screenings. Bring own films and rushes.
Gallery Masks

## WEDNESDAY JUNE 19

Theatre Crossmembers & BEWTH
Cinema Innovation etc. cont. Russian director Vertov 8.30
Gallery Masks

## THURSDAY JUNE 20

Theatre Crossmembers, BEWTH, Penal Settlement, Lecture to an Academy—Kafka.
Cinema Vertov, 8.30 pm.
Gallery Masks

## FRIDAY JUNE 21

Theatre As June 20.
Cinema History of Innov. etc. cont.—Fritz Lang 8.30 pm, late feature programme, 12.00 to 3 a.m.
Gallery Masks.

## SATURDAY JUNE 22

Theatre As June 20.
Cinema As June 21.
Gallery Jeff Nuttall & John McCarthy exhibition for two weeks.

## SUNDAY JUNE 23

Theatre Crossmembers (last night) & BEWTH.
Cinema 8.30 pm.
Gallery As June 22.
Poetry 7.00 pm. John Esam reading poetry from Orpheus & Eurydice. Short lecture on verse

## MONDAY JUNE 24 ARTS LAB CLOSED

## TUESDAY JUNE 25

Theatre 1) 8.30 People Show No. 20 opening date.
2) Bewth
Cinema 8.30 pm Open screening.
Gallery As June 23

## WEDNESDAY JUNE 26

Theatre As June 25
Cinema History of Innovation etc. cont.—ring for details
Gallery As June 23

## THURSDAY JUNE 27

Theatre As June 22.
Cinema As June 26
Gallery As June 23

# IN THE STICKS

## FRIDAY JUNE 14

YORK Chris McGregor [illegible] York University
TOTTENHAM Chuck Berry at the Royal
[illegible] Oscar Peterson and trio at Colston Hall.

## SATURDAY JUNE 15

GLASTONBURY Town Hall [illegible]
[illegible] Oscar Peterson and trio at White Hall
CROWTHORNE [illegible]

## SUNDAY JUNE 16

DARTFORD [illegible]

## MONDAY JUNE 17

SHEFFIELD [illegible]
DURHAM University Experimental (Student) Theatre Festival

## WEDNESDAY JUNE 19

MANCHESTER University Theatre [illegible]

## THURSDAY JUNE 20

BRIGHTON [illegible]
DUDLEY [illegible]

## FRIDAY JUNE 21

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STONEHENGE [illegible]
AYLESBURY [illegible]

BRADFORD [illegible]
ASHBY [illegible]

## SATURDAY JUNE 22

HUDDERSFIELD Art Gallery [illegible]
STOCKPORT [illegible]
OXFORD [illegible]
WARWICK University Arts Festival [illegible]
PORTSMOUTH [illegible]

## SUNDAY JUNE 23

SALFORD [illegible]
BRADFORD [illegible]
BIRMINGHAM [illegible]
WARWICK University Arts festival [illegible]

## MONDAY JUNE 24

BLACKBURN [illegible]

## FRIDAY JUNE 28

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# THE GOLDEN DAWN

IT/33
June 14-27
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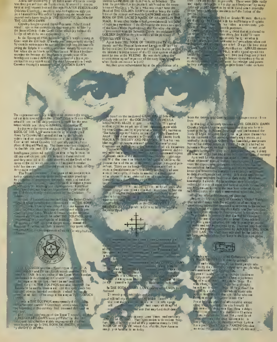

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A new and incredibly powerful current of cosmic energy was then passed into the Earth's aura. It [illegible] and became [illegible] through FRATER PERDURABO (Aleister Crowley), a magician who had [illegible] prepared himself for this effort by practising the occult ceremonial techniques taught in THE HERMETIC ORDER OF THE GOLDEN DAWN.

Crowley brought [illegible] the [illegible] current [illegible] the instructions that were given to him by the Secret Chiefs of the Great Order which lay behind the Lodge of which he was a member.

In the Spring of 1904, however, while honeymooning in Cairo with his first wife, Crowley was unexpectedly startled by certain instructions [illegible] through her. He was [illegible] the Sylphs [illegible] when she suddenly [illegible]. Without further warning she became the [illegible] of an intelligence named AIWASS, who [illegible] Crowley during his membership of THE GOLDEN DAWN.

The experience [illegible] Crowley [illegible] and he [illegible] prepared himself for the revelation which, according to AIWASS, [illegible].

In this way the mysterious document known as THE BOOK OF THE LAW came into being. It was [illegible] down by Crowley [illegible] within [illegible] room of a Cairo hotel which Crowley had specially prepared as a place of Magical Working. The three occasions occurred on the 8th, 9th and 10th of April 1904. The discarnate intelligence presented [illegible] and they [illegible] the Book of the Aeon of Horus [illegible] magical formulae [illegible] for the next two thousand years [illegible]. In fact [illegible] Aeon [illegible].

The Book [illegible] today [illegible] years ago [illegible] dominated by the cults of the Old Aeon, [illegible] the Christian [illegible].

[illegible] the Secret Chiefs [illegible] of THE BOOK OF THE LAW Crowley was obliged to make known the [illegible] systems of attainment which [illegible]. This he did [illegible] which he called THE EQUINOX, [illegible] of Initiation. [illegible] danger [illegible] must [illegible] Oath [illegible] of which Crowley had [illegible].

THE EQUINOX was the official organ of the A∴ A∴ [illegible] Greek words [illegible] THE SILVER STAR. It is the name of the Great White Brotherhood [illegible] upon Crowley [illegible]. [illegible] THE EQUINOX [illegible] Scientific Illuminism [illegible] THE GOLDEN DAWN.

[illegible] in THE EQUINOX [illegible] secrets of Occultism [illegible] the beginning of this century [illegible] mystery.

The [illegible] of the Tarot [illegible] THE GOLDEN DAWN were published [illegible] important [illegible] THE BOOK OF THOTH, [illegible] by the O.T.O. in 1944.

He almost [illegible] systematically [illegible] of Kelly and Dr John Dee [illegible]. This was published in THE EQUINOX [illegible] Spring and Autumn of 1912?

Furthermore [illegible] the correct procedure [illegible] the Guardian Intelligences [illegible] forces of this ancient GRIMOIRE attributed to King Solomon. The [illegible] he published [illegible] based on the [illegible] of MacGregor Mathers, who was at one time the Head of THE GOLDEN DAWN as well as being the translator of the strange and terrible GRIMOIRE entitled THE BOOK OF THE SACRED MAGIC OF ABRAMELIN THE MAGE. It was after Mathers had proved himself [illegible] members of the Order [illegible] that Crowley [illegible] contact with the Invisible Chiefs [illegible] THE GOLDEN DAWN [illegible] Order [illegible] THE SILVER STAR, the A∴ A∴.

Apart from THE BOOK OF THOTH (the Tarot) [illegible] and the Magical System of Enoch [illegible] by Kelley and Dee, Crowley prepared [illegible] the [illegible] interpretation of the Chinese system of [illegible] as the YI KING. He was [illegible] the [illegible] meaning [illegible] of the sixty-four [illegible] when death [illegible] in 1947?

Another great achievement lay in the preparation of a [illegible] based on the mediaeval GRIMOIRE of Solomon already referred to, the GOETIA [illegible] CLAVICULA SALOMONIS REGIS [illegible] communication with his own Genius, and to enjoy [illegible] known as "The Knowledge and Conversation of the Holy Guardian Angel". This [illegible] appears in Crowley's best known book MAGICK IN THEORY AND PRACTICE, [illegible].

The [illegible] the present Aeon [illegible]. There are [illegible] the elaborate [illegible].

[illegible] ORIENTIS (O.T.O.) [illegible] Supreme Head.

[illegible]

In THE BOOK OF THE LAW [illegible] declared:

To worship [illegible]
I will tell my [illegible]
[illegible] that any God shall deny [illegible]

[illegible] years [illegible] and certainly [illegible] drugs [illegible] THE BOOK OF THE LAW [illegible] the New Aeon [illegible] today.

What I wish to emphasise here is that [illegible] drugs taken without [illegible] magical knowledge and skill great danger lies. It is [illegible] the drugs themselves [illegible] magically [illegible].

Crowley devoted a great deal of his life to scientific experimentation with drugs, particularly [illegible] hashish [illegible]. These were quite easily and legally obtainable in his day and freely used by many ordinary people [illegible] generally [illegible] of the period.

The [illegible] Scarlet Woman [illegible] for trafficking with spirits [illegible] purposes.

[illegible] that it is absurd to [illegible] can only be [illegible] what is [illegible] when not [illegible]. Drugs like [illegible] AIWASS [illegible] WILL [illegible] drugs are [illegible] knowledge and power [illegible] quite been broken or turn [illegible] from the merely [illegible] here.

In the days of [illegible] THE GOLDEN DAWN Crowley learned how to [illegible] how to travel [illegible] and control the Body of Light [illegible] knowledge and power beyond [illegible]. To do [illegible] he had to become a Magician [illegible] as well as all [illegible] along the lines [illegible] down [illegible] writings.

As is well known, drugs can [illegible] which [illegible] magical [illegible] the experience [illegible] transcendent [illegible]. It is these [illegible] knowledge [illegible].

[illegible] a study of Crowley's Magical Works [illegible] drugs with the sole purpose of [illegible] Kelly and Dee [illegible] the Will [illegible] AIWASS in THE BOOK OF THE LAW, "Do what thou wilt shall be the whole of the Law" [illegible] "Love is the law, love under will."

Crowley wrote [illegible] Comment [illegible] THE BOOK OF THE LAW [illegible] born people who [illegible] people who are [illegible].

[illegible] take cocaine [illegible]. There is no better [illegible] to drugs. If a [illegible] he will [illegible].

For all [illegible] Sun [illegible] Lytton [illegible] in ZANONI [illegible] and he holds not Adam the ghosts, he is the Dweller on the Threshold. Cast out from the Sanctuary he becomes a vulgar drunkard. [illegible] He may destroy his physical vehicle thereby, but he may perfect another KUBLA KHAN [illegible] responsibility.

In certain Magical Operations which Crowley performed, such as THE PARIS WORKING, THE ABULDIZ WORKING and THE AMALANTRAH WORKING, a variety of drugs were employed. Cocaine, which Crowley assigned to the element of Fire, was used for [illegible] the Will, thus helping to keep the object of the Operation firmly in mind. Morphine [illegible] purifying the mind, makes Thought and its [illegible] seems [illegible] both these qualities and combines them [illegible]. To the element of Water he attributes Hashish and Mescal, owing to their [illegible] properties and also because they open the gates of Pleasure and Beauty. [illegible] to the element of Air, which is the [illegible] he attributes Ethyl Oxide [illegible]. Finally, the element of Earth embraces the directly hypnotic drugs which induce repose and forgetfulness, [illegible] the arms of the Great Mother (Earth) [illegible] images.

**Liber LXXVII**

**Oz:**

"the law of
the strong:
this is our law
and the joy
of the world."
AL II 21

"Do what thou wilt shall be the whole of the Law." AL I 40

"thou hast no right but to do thy will. Do that, and no other shall say nay." AL I 42

"Every man and every woman is a star." AL I 3

*There is no god but man.*

1. Man has the right to live by his own law—
   to live in the way that he wills to do:
   to work as he will:
   to play as he will:
   to rest as he will:
   to die when and how he will.
2. Man has the right to eat what he will:
   to drink what he will:
   to dwell where he will:
   to move as he will on the face of the earth.
3. Man has the right to think what he will:
   to speak what he will:
   to write what he will:
   to draw, paint, carve, etch, mould, build as he will:
   to dress as he will.
4. Man has the right to love as he will:—
   "take your fill and will of love as ye will,
   when, where and with whom ye will." AL I 51
5. Man has the right to kill those who would thwart these rights.

"the slaves shall serve." AL II 58

"Love is the law, love under will." AL I 57

Aleister Crowley

It will be noticed that [illegible] the attribution of specific drugs to the elements Crowley has explained [illegible] subconscious [illegible] alcohol [illegible]. All these aids to ecstasy can [illegible] be used today but [illegible] in too many cases without proper magical direction, that is to say they are being employed without due regard to the object of the Operation [illegible]. There is [illegible] real knowledge of the Self or anything else.

The time has come, I think, when all these [illegible] should be gathered up and [illegible] into a single [illegible]. Nothing will be gained and everything lost by [illegible] romantic fantasies. If real progress is to be made toward the great [illegible] Consciousness which is now within the grasp of all intelligent humanity, [illegible] the time to bring out the Sword of Wisdom [illegible] in order to understand [illegible] the external Universe [illegible] identical with [illegible] the True Self. This may be achieved by the study and application of Aleister Crowley's Magick [illegible] the last decade of his [illegible].

So although Crowley [illegible] publishing the secrets of THE GOLDEN DAWN in THE EQUINOX and elsewhere was at the time [illegible] violation and treachery by many of his contemporaries, we can now understand why [illegible] Magical Diary quoted at the beginning of this article.

*KENNETH GRANT*
*(Now co-editing The Confessions of Aleister Crowley)*

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# TRIBE TIME II

African Chronology is concrete and has a particular purpose. It is related to events but not mathematically. Since time is after all only a series of events it cannot be contained in a void.

Numerical calendars do not exist to my knowledge in African tribal societies and if they did happen to be, they would probably be of brief duration, perhaps covering a few decades but certainly not hundreds of years. Instead, what we have are phenomenon calendars [illegible] for the purpose of calculation, but to place events in [illegible].

To clarify this point let us take for example a pregnant woman. She would count her pregnancy by watching the cycle of the moon, and the wayfarer in turn would count the number of sunsets [illegible] to travel from one part of the country to another. Days, years, lives in human history are divided into event periods, and by arranging time in this way [illegible] history.

The sunrise is an event observed by the entire community and it is therefore immaterial at what time it rises, whether at 5a.m. or 7a.m. Likewise it is irrelevant whether people go to bed at 9p.m. or midnight. The point is they go to bed and they base their time on this fact and [illegible] that have more meaning for them than [illegible] mathematical time.

The way this affects church going in Africa is interesting. It means that it is not important WHEN one goes to church. The important factor is that one GOES. Because of this some Christians come before the service, some in the middle and some when the final hymn is being sung. Naturally if these people are judged by European time concepts they come to the service too late and missionaries or other Europeans are often heard lamenting: 'Oh these stupid Africans always come too late'. I find it [illegible] that my [illegible] is for the missionaries and the Europeans, for they do not understand the [illegible] in their [illegible] to time. The European [illegible] technical [illegible] commodity that must be [illegible] account, bought and sold, but in the tribal life of Africa [illegible] events that make time. It follows that time must be created. Man is not a slave of time; he can make it exactly what he wants.

When foreigners, particularly from Europe and America, come to Africa and see the people sitting idly around, they say: 'Haven't they got anything better to do than just sit around wasting time?' This of course is not true. They are probably making time or just waiting for it.

I do not want to stress the point too heavily, but perhaps it does illustrate how easily misapprehensions arise, and how dangerous it is to judge other people by values and standards which belong to a totally different way of thinking.

In African tribal life the day is divided according to certain events. For the Banyankole in Uganda cattle are their main means of survival and the day is divided in relation to the cattle. [illegible] is milking time; noon is the time for cattle and people to rest. (The underlying cultural reason for this is that after milking, the cowherds drive the cattle out to graze. When the sun is very hot about mid-day both cowherds and cattle need some rest). At 1p.m. it is time to fetch water. At 2p.m. it is time for the cattle to be watered (the cattle are driven to the watering places. The people have to reach the river or spring and get water before the herds, otherwise the cattle make it dirty). 3p.m. is time for the cattle to leave the watering places and start grazing again. 5p.m. is the time when the cattle are driven back into their open stalls. 7p.m. is milking time, and then the cattle sleep.

Calculations are done with moons, but not numerical months. Several events are connected with certain months. The months are then called after the most important event or the weather, e.g. the hot month [illegible] of the first [illegible] the weed month [illegible]. It does not matter whether the [illegible] 25 to 35 days. The hot month is [illegible] important than the duration. As an example: The Lotuko people in the Sudan [illegible] different months the following [illegible]. About October: The Sun [illegible] very hot in that month). December [illegible]. September: [illegible] the tree began to [illegible].

The year [illegible] a wider sense than the events which [illegible] the day or the month. In an agricultural [illegible] seasonal activities compose [illegible] agricultural year.

There are 4 seasons: a rainy season, a dry season and the rainy season and the other dry season. These seasons constitute one year. When the seasons are completed the year is also completed, [illegible] and the number of days is of no significance because the year is not a mathematical concept but is determined by events. Thus one year can have 350 days and the other one 380 or more. The amount of days in a year may differ but the seasons never do. Years are regarded in a cyclical and periodical rhythm like day and night. Rain, planting, harvesting and dry season continue without end. The passage of [illegible] is only [illegible] contribution to its chronological dimension in the past.

Eternity lies only in the past [illegible] what I have called Time in the list of verbal tenses. (See chart of verbs). Christians speak of eternity in the Gikuyu and Kikamba languages—they say Tene na Tene (Tene na Tene, i.e. the period of time of the unspecified past [illegible] multiplied by itself).

I have already pointed out that the African time concept is governed by two main dimensions, past and present, but has virtually no future beyond two months. To avoid a [illegible] confusion with the English words 'past', 'present' and 'future', I suggest that two Swahili expressions should be used:

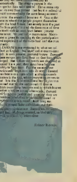
SASA, which stands for the present period covering the tenses 1 to 7. In Sasa there is the sense of immediacy. People are directly interested in this period of time.

ZAMANI, which stands for the past, to which tenses 8 and 9 of the list of Kikamba and Gikuyu verbs mainly apply. (See IT/32)

We cannot however draw a clear distinction between Zamani and Sasa for the two dimensions overlap. After all, time is composed of events and not mathematics. SASA [illegible] the future [illegible] extremely short [illegible] every significant event in the future must be so certain and so imminent that people have almost already experienced it. If the future event is more than two years away people do not understand what the talk is about. To my knowledge the African languages have no verbal tense for the distant future dimension of time. This means that an event in the distant future is completely outside the Sasa period. In this way Sasa swallows up what is regarded as the future in the European [illegible] concept. Events in the Sasa [illegible] must either be about to happen, or just happening, or recently have [illegible]. Sasa is the most significant time for the individual, for he possesses personal recollections of the events of the time or will experience them. Sasa is really an extension of the present now into the future and the unlimited past, and does not stay the same mathematically or numerically. The older a person is, the longer his Sasa will be. The community has its own Sasa period [illegible] for the individual and the community the most living moment is now [illegible]. Sasa is the time in which the people project themselves into the brief future, but mainly into the past. The Sasa period is a [illegible] dimension of time in itself with its own brief future, present and [illegible]. We could call it micro-time. Micro-time is given its meaning by the participation and experience of the individual and the community.

ZAMANI is not restricted to what we call past in English. We could call it macro-time, with its own present, past and future. Zamani [illegible] merges into Sasa time so that Sasa is [illegible] merged [illegible] before the events are absorbed in Zamani [illegible] they must have [illegible] in Sasa time. For the [illegible] move 'backwards' from Sasa into Zamani. Zamani [illegible]. Zamani is the [illegible] which everything comes to rest. [illegible] which everything [illegible] reality [illegible] rather [illegible]. Zamani and Sasa have quality [illegible]; they are described in relation to particular events or phenomena [illegible]. Sasa [illegible] individuals [illegible] Zamani [illegible].

*Rainer Hernin*



# FRIENDS' FOOD

### by Alyosha

THERE have been so many letters regarding diets and food that it is high time I replied to many of them and answered queries.

It's been [illegible] some very good [illegible] of Diet for Friends. One [illegible] that [illegible] diet [illegible] was very [illegible] general guide and not some holy list. [illegible] George [illegible] of the Macrobiotic Restaurant [illegible] I do not believe I have the only truth [illegible] many paths to the sky. [illegible] why [illegible] George [illegible] vegetarian [illegible] recommended meat [illegible]. I don't eat meat because of my religion which is Buddhism and [illegible] Macrobiotic [illegible] the body [illegible] why should I do the [illegible]?

Also the Macrobiotic [illegible] stated that IT people [illegible] Macrobiotic People [illegible] and that my diet only fed the body [illegible] food. This is an obvious [illegible] of the lack of knowledge of Ch'an thinking [illegible] Ch'an [illegible] of the 20th Century version of macrobiotic [illegible] took most of her ideas. There is no separation [illegible] body. What you put in the stomach [illegible] Mind. For Mind (as opposed to the personal mind) is the undiscovered original face we have all lost [illegible] the world of forms. [illegible] at the labyrinths [illegible]. This is our duty to ourselves to find it.

People will find it NOT with LSD and NOT with Macrobiotics and NOT with any Diet for Friends. Mind is beyond [illegible] beyond [illegible] yin-yang dualism beyond vegetarianism beyond [illegible] beyond [illegible] Mind. This is why the Macrobiotic People (some [illegible]) [illegible] away from the path [illegible] because if we [illegible] Mind it is usually as Dr Suzuki said in spite of [illegible] we ever believed in.

[illegible] about living about life [illegible] the methods of living [illegible] which [illegible] following [illegible] lead to [illegible] Feel [illegible] way. Live [illegible] life as a loosely flowing robe. Let the wind blow it. Eat [illegible] things, healthy things which your body [illegible] keeps [illegible] health. Learn about your body how it works [illegible] the intellect [illegible] the bowels. Learn about your mind how it works [illegible] the bowels. Eat Macrobiotic food because it is natural, good and delicious. [illegible] Macrobiotic [illegible] because if you know about the body [illegible] you will realise that you cannot be healthy on the Macrobiotic way.

A Macrobiotic meal is [illegible] delight and I truly recommend the Macrobiotic Restaurant at 136a Westbourne Terrace, W2., which opens about [illegible] till the pale hours of the morning. There you will have a reasonably priced meal in a pleasant atmosphere, restful and calm and though it takes up to an hour to be served if you go there with no plans [illegible] an evening spent eating really beautiful food prepared by Greg Sams and his many lovely friends. (Until [illegible] shortly before the first article appeared in IT I [illegible] the Macrobiotic Restaurant and wrote a third part of the article mainly singing praise to its [illegible] but the previous editor of IT lost that article so that it never appeared.) But many of the things recommended by Ohsawa [illegible] such as a man should [illegible] more than 3 times daily and that he can [illegible] with [illegible] in the eye and that the healthiest diet is to eat only cereals are simply and [illegible] not for humans, but perhaps he was writing for Pretas on the [illegible] path.

Places to buy healthy food are the Whole Food Shops (started by [illegible] under the influence of his Guru the brilliant Dr [illegible]) which are located at 114-110 Baker Street (Near Apple and the Baker Street Classic Cinema). Whole Food Bookshop at the same address has many interesting pamphlets on [illegible]. Then there is the chain of Health Food Shops which has branches all over London and the provinces. The London addresses are 78 Baker Street W1, 1023 Finchley Road N W 11, 137 Kensington Church Street W8, 14 Northways Parade, Finchley Road, Swiss Cottage, 35 Thurloe Gardens Terrace W4. There are other shops as well. In Battersea there is the Health Food and Herbal Stores 46 Falcon Road SW11 also the Health Food and Herbal at 1 [illegible] Road S.E.9 and for those out of London you can write to Health and Life Magazine 80 [illegible] Street W1 London to find out the nearest shop to you.

You need not always buy at Health Shops as long as you [illegible] bear in mind [illegible] buying fresh [illegible] never [illegible] in London you can [illegible] shops, which just because they put [illegible] health [illegible] the package it goes up in price [illegible] 3 or 4 shillings. I discovered a superb shop in Soho called [illegible] 55 Rupert Street W1 which sells [illegible] brown rice and Italian, Japanese, Indian, French, Vietnamese polished rice as well very [illegible] cheaply. They also sell nuts, [illegible] pumpkin seeds, [illegible] flower seeds, millet, and they have lovely spices if you like spices.

But [illegible] every [illegible] there [illegible] place. I discovered a marvellous place [illegible] where [illegible] Camden Town [illegible] the Inverness Street Market [illegible] Greek shop sells natural goat's milk yoghurt, wheat germ, brown rice, goat's cheese, honeys from all over the world, Turkish dates, greek olives, sesame seed bread [illegible] and more cheaply than the larger shops. It is up to you to discover your place.

I should suggest [illegible] Notting Hill is becoming easier and easier with the multiplication of Macrobiotic Restaurants and new Health Food shops.

John Papworth's letter was quite good I thought and I would like to reply to him that I recommend not to eat bread or pastry if the individual has a propensity to gaining weight. If he does I see that he should never eat potatoes, bread, pastry even [illegible] brown bread. If he has no such tendency, then there is no need to observe this. Think for yourselves. Follow no guru, obey no rules, be free. Fit the diet to yourself.

Then, there was the saddest letter of all. A letter from a gentle and lovely person in South London who as a result of the Diet for Friends was suffering from boils. This [illegible] from [illegible]. I only gave you things not to eat, and things to eat; you must adapt this to your body, mind and needs. Each person has his own very individual chemistry and each of us probably has his own [illegible] balance [illegible] lacking in [illegible] another in Riboflavin, another in Vit. B2 etc. This poor sufferer is lacking in Vit. A most likely. Let us analyse what causes boils and skin eruptions. I will quote from Adelle Davis's book Let's Eat Right to Keep Fit: when the lack of Vit. A becomes severe the following symptoms occur: Burning, itching and inflamed eyelids, eyestrain, perhaps severe pain in the eye balls [illegible] frequently occurring sties are experienced in addition to nervousness and [illegible]. Mucus may accumulate in the corners of the eyes, ulcers or [illegible] appear on the [illegible] of the eye or cornea. Severe deficiencies of this vitamin have been thought to occur only in such countries as India or China but a survey of low-income families in New York City revealed [illegible] in almost half of the cases studied.

Although eye symptoms may be the first to be noticed in a vitamin A deficiency, even earlier changes take place in the skin. Cells in the lower layers of skin die and slough off. They plug the oil sacs and pores, thus preventing oil from reaching the surface of the skin; the skin may become so dry and rough that the surface feels [illegible]. The pores plugged with dead cells cause the skin to have the appearance of goose pimples although they are not affected by temperature changes. This roughness usually occurs first on the elbows, knees, buttocks and back of the upper arm. Pores enlarged by the accumulation of dead cells are often [illegible] as whiteheads or blackheads. If these cells become infected pimples may result. The skin is likewise susceptible to such infections as impetigo, boils, and carbuncles. These skin conditions can usually be corrected by increased amounts of vitamin A provided the diet is adequate in other respects.

How can you get more Vitamin A in your diet? The best sources are fish liver oils. The very best is halibut liver oil. You can buy this in capsules to take (more pleasant than by the spoon) and you should take between 2-4 per day [illegible] you are better (but do not take them all at the same time and take them at [illegible] meal). Whole milk usually has about 2000 units of Vit. A per quart [illegible] varies according to the type of grazing land and the season from 500 [illegible] 7000.

Most nutritionists recommend an average intake of 5000 units minimum of Vit. A per day. An average serving of carrots (not overcooked) will give about 12 000 units. Or you might set a rule for yourself to eat three or four raw carrots per day. Do not peel the carrots, wash them vigorously getting all the dirt off, cutting away only the bad parts, the skin contains the highest [illegible] of the Vit. A. Other good sources of Vit. A are [illegible] spinach, greens, lettuce, mango, [illegible] yellow squash, apricots. Since Vit A is not stored in the muscles all meats such as chicken, steaks, chops lack this very important vitamin. The yolk of the egg also contains A.

If you are a vegetarian you can take vegetarian Vit. A capsules obtainable from the Health Food Shops. These are made up of Carotene. Unlike most vegetables, carrots give their nutrients to the human [illegible] best when slightly cooked so that [illegible] walls are slightly broken down. So you might slightly boil the carrots before putting them in a salad. The very best way to get Carotene is to liquify a carrot, but this requires a [illegible] which very few of us can afford.

One more way to avoid boils is to keep the surface of your body immaculately clean, particularly being careful of those areas which have caused you trouble. If [illegible] your pores soak it in hot water and [illegible]. ([illegible] can be purchased in a [illegible] block form at chemists and is a great [illegible] to the [illegible].) It would not hurt at all to make a regular thing of a [illegible] once a month or fortnight. It is marvellous for the skin. After the bath (you should take your time in it, sitting as much as an hour) rinse the salt off your skin with a sponge, shower or another quick bath. You will be so refreshed [illegible] you had swum in the sea!

Another criticism against the Diet for Friends was that it would cost too much. The very most I spent for three meals (I eat all my meals at home except when I must eat out) is an average of 10 shillings per day and I have gotten by on 5 shillings. After all a yoghurt is 2/- a homemade salad at 3/- and lasts two meals for a single person and I drink my tea without milk or sugar. I make my own muesli.

HOW TO MAKE MUESLI

You will save tremendous amounts of money if you make your own muesli instead of buying it packaged. The initial cost is rather high, but over the month you will gain.

Buy the following ingredients: one pound rolled oats (Scotch or Welsh), one pound whole wheat (just like oatmeal but wheat instead [illegible]), one pound millet flakes, one pound barbados brown sugar, half pound dried apples, half pound sultanas, half pound dried apricots, half pound currants and mix all these together in a large container. (Get something with a lid like a flour pan or a bread pan.) Mix it all evenly. You should cut the apricots into small pieces about the same size as the sultanas before mixing them in. When you serve it measure the amount you want into a bowl and add milk, you have a nutritious and delicious meal. You can add a couple of tablespoons of wheatgerm just before eating it, fresh fruit like sliced bananas or orange sections can be added too. To make the muesli even more nutritional you can add a half pound of nuts (unsalted and unroasted raw nuts). My muesli usually contains almonds, walnuts, hazelnuts. [illegible] are the cheapest. Recently I discovered a [illegible] desiccated coconut. This is only 1/6 for a box of desiccated coconut and you can mix it easily into the muesli [illegible].

You end up with 5 or 8 pounds of muesli for roughly between 10 and 20 shillings, depending on what you choose to put in it. A meal of raw natural food.

Have muesli for breakfast with a piece of fresh fruit.

Another wonderful restaurant to eat in, in fact my favourite in London, is Cranks Restaurant. This is a vegetarian restaurant devoted to serving healthy natural foods. They always have a salad (a large bowl costs 4/-, and is a meal in itself) and a wide selection of fruit juices (carrot, [illegible] orange, lemon, grapefruit, raspberry, blackcurrant, watercress, parsley) and yoghurt drinks and deliciously fresh fruit salads, they also have hot savouries for 3/6 and pots of tea for 1/6 and coffee for 1/3. The restaurant is the clean[illegible] in London and one of the most pleasant to dine in [illegible] between 1 pm and 2.30 pm. They also have wholewheat and fruit pastries. Cranks and Cranks Health Food Shop are located on the ground floor of William Blake House, Marshall Street, Soho, just behind Carnaby St. The Cranks food shop has the widest selection of natural yoghurts, goat milk and cow milk in London. They also have their own wholewheat bakery. The restaurant is open from 11 am until 9 pm except Saturdays and Sundays. Well worth a visit. On the days when I am working I usually take my lunch there.

For those friends in Edinburgh, I must say that you are blessed with the best vegetarian health food restaurant in the British Isles. It is Hendersons in the shadow of the Castle in the very centre of Edinburgh on Castle Street, [illegible] just off Princes Street. They always have a variety of hot dishes and a fantastic array of salads much better than Cranks, whose salads sometimes seem a little too dedicated to cabbage. (But, remember at Cranks if you have a mixed salad they have five to six bowls from which you can select. You can only have one bowl so something from all [illegible] you don't take anything you might not like e.g. if they have two bowls of cabbage.)

N.B. (In the last section of Diet for Friends there was a misprint of tomato for potato. There is in fact nothing wrong with eating tomatoes!)

There is also a new Macrobiotic Health Restaurant called Cornucopia. Has [illegible] of the Friends eaten there? Do write in and tell us what you think. Cornucopia is advertised in IT. Watch for new restaurants and food stores listed in IT. There are also announcements of restaurants and health food shops on the free bulletin board at Indica, 102 Southampton Row, London W C 1.

Peace, health, wisdom and love from your friend

## Dear IT

Re [illegible] letter in IT/31 [illegible] very important dietary supplement [illegible] kelp [illegible]. Available in ground [illegible] tablets form or plain for soups. It is a must every day (15-25 grams) for a proper [illegible] balance [illegible] is very very important in prevention of infection in the system. [illegible]

Another very important ingredient for [illegible] diet is apple cider vinegar. One teaspoonful in a glass of water 3 times a day [illegible] with a teaspoonful of honey [illegible] becomes a [illegible] drink. Try it!

Which brings us to the third ingredient: honey. Always substitute honey for sugar and take at least 3 teaspoonfuls per day for energy.

These three taken in addition to a cereal and vegetable diet will provide a perfectly practicable diet. Also very healthy [illegible] a sprig or two of fresh parsley per day for vitamin C. Raisins are excellent but be wary [illegible] most American brands are treated (dried) with sulphur dioxide (poison) so avoid. The Turkish are best, or Italian or French.

Onions and garlic (raw and cooked) are also essential especially garlic (available in capsules for those who tend to reek a bit [illegible]).

[illegible] the above after years of practice but of [illegible] each human organism has its own idiosyncrasy. In general though this is a healthy outline. Fill in with green, raw and cooked veg. beans, chick peas [illegible] very good cheap source of protein.

Love, Peace, Cool

RICHARD LAMM
BRUGES BELGIUM

IT/33
JUNE 14 — 27
1968

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Below is our Licensed Coffee Bar. Not quite ready yet. We would be grateful for your Suggestions (and help) to make it a useful Place of Interesting, and widely known sporting place and entertainment centre. Please contact David Herbert.

---

# THE HINDU TRINITY

TO explain, or rather to attempt to explain the multi various and many complex attributes and abstract thought patterns of the Hindu trinity in an article that is to be as brief as this one is boardering on the impossible. Therefore I shall confine myself to the brief set of resumes in the hope that, though incomplete, this acquaintance will urge you toward more serious reading.

The three gods Shiva, Vishnu & Brahma are at the apex of the Indian Pantheon covering such diverse fields as the state of deep sleep to the state of wakefulness. They embrace the complete cosmic being and the total man in stations of cosmic consciousness. They are also the three qualities of nature and the order of being (Duration: boon of existence; Location: basis of manifestation; and Consciousness: boon of liberation).

They are to the Hindu what God, the Father, the Son and the Holy Ghost are to the [illegible] Catholic. Yet their connotations [illegible] confined to the three-in-one concept but divided amongst them into specific representations and fields.

The origins of the trio are the most ancient of all the religions known to man. Their roots were formed by the followers of primitive solar cults who attributed the sun with three separate powers (Warmth: to create; light: to preserve; and burning rays: to destroy).

Though the basic concepts where the threefold manifestations [illegible] formed have remained static the dialectic [illegible] have undergone radical evolutionary changes. From the original fire/triad the cycle passed through grades of thought giving credence to the constant movement of the individual planets and the galaxy and further to the conjunction and unity of creation, preservation and destruction [illegible] the complete system of birth death and reincarnation.

There have been, in this long evolutionary journey, periods when one god would loom [illegible] by merging with another and the [illegible] would drift towards the [illegible] principal. But eventually the traditions of Hindu religious mythology prevailed with the emergence of Shiva as the greatest of gods with Brahma and Vishnu as inseparably [illegible] fellow members of the great trinity.

SHIVA
The changeless person
The lord of sleep. The state of deep sleep
The lord of progeny. The destroyer

Shiva, perhaps best known for lingam worship and the Tandava, the dance by which he accomplishes the complete destruction of the universe, is by far the oldest of the gods of the trinity. He may be traced back into time way past his famous Vedic antecedent Rudra, the red god of storms and lightning, to the ancient yogi god of the Himalayas. There are in fact many stories relating to his existence and many representations of him with the chalk white face, matted hair and tiger skin loin cloth of the yogi.

Through the philosophy of Saivism with that of the Vedas and being gradually assimilated with that of the [illegible] of India, the Vedic [illegible] the still unexpired [illegible] of transcendent darkness.

It is in this abstract [illegible] has come to be regarded as the [illegible] the concept of a constant [illegible] will eventually lead to the [illegible] power that [illegible] of disintegration and ultimate [illegible]. Existence is [illegible] continuous expansion and [illegible] planet or [illegible] take place only until all the [illegible] been drawn into the expanding [illegible] matter [illegible] the [illegible]. And from this disintegration [illegible]. That is the [illegible] theory of [illegible] or the state into which all things must return. And Shiva being the destroyer with powers of disintegration is all that remains at the beginning and at the end.

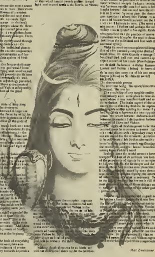
Shiva is regarded as the basis of everything and the last bastion before complete non-existence. He is the embodiment of [illegible] the tendency towards dispersion and towards disintegration and annihilation [illegible] the link between the impersonal and the manifest divinity.

For each of his one thousand and eight names and aspects Shiva has a specific anthropomorphic image and a numerical-geometrical and symbolic formula. The most common of these being the lingam firmly implanted in the yoni, an image that no temple dedicated to him is ever without.

The most usual pictorial image of Shiva is that of the four-armed, three-eyed god with a crescent moon at the centre of his forehead. The holy Ganges flows from his knotted hair and gods, kings and sages kneel before him establishing his supremacy over both spirits of light and darkness.

VISHNU
The indestructible person
The preserver. The state of dream. The individual [illegible] body. The pervading power

Vishnu in the cosmological trinity is the cohesive power or centripetal tendency. All the universe tends toward a centre, toward more concentration, more cohesion. So too all that which tends towards reality, toward light and toward truth is the Sattva, or Vishnu.



[illegible] represents the complete opposite [illegible] the latter is associated with [illegible] Vishnu is the [illegible] of life [illegible] together. As Shiva [illegible] in the inner [illegible] powers of destruction [illegible] Vishnu [illegible] softer shape in form of [illegible] all left to Brahma the third [illegible] trinity.

Without death there can be no birth and without destruction there can be no creation.

Thus Vishnu and Shiva are irrevocably united with the interdependent allegiance of complete opposites. Shiva as lord of destruction and Vishnu as the principal of duration and the symbol of eternal life.

In his pure form the state of dream he is the state and the plan of life. The area of creation [illegible] where all activities and ideas are born. No matter how the thought patterns or creative ideas later develop it is Vishnu the universal intellect and cynosure of all religious eyes who is essential to their initial emergence.

Though Vishnu's roots are in the pre-Vedic era it is only recently that he has been granted entrance to the trinity as preserver. This has been due to the acceptance of the constant reincarnation theory. The belief that the way a man follows his dharma, or ordained life path, in one life determines whether he shall be rewarded by a step nearer to sainthood, or punished by a step nearer to demonhood, in the next.

It is very important here to realise that saints and demons are far more real on earth to the Indian religion than to most of the [illegible] western concepts. In fact a constant war between equally matched sides is being fought between demons and men [illegible] all time. It is only when by some ploy the demons gain superiority [illegible] that Vishnu, in [illegible] of his incarnations, restores the balance of [illegible] to men. (The most popular avatar of Vishnu and perhaps the most widely [illegible] is his eighth, Krishna who preached that the practice of severe austerities would enable the soul to detach itself from the individual and fuse with the universal spirit.)

Vishnu's most common pictorial image is that of a four-armed young man clothed in royal robes. He rides Garuda, a strange flying beast half bird, half man, and carries a symbolic object in each of his hands (Panchajanya, a conch shell; Sudarsana, a discus; Kaumodaki, a mace; and Padma, a lotus). At times of battle he may also carry one of his two weapons Sarnga (a bow) or Nandaka (a sword).

BRAHMA
The destructible person
The [illegible] being. The space/time revolving principal. The creator

The possibility of any tangible reality depends entirely upon some place in time and space where it may manifest itself and so enact its evolution. This is the aspect of the cosmic trinity that is filled by Brahma. He represents the tangible reality existing in a sense of perfect equilibrium between the two opposing points, the centre between darkness and light, between creation and destruction, between the concepts of Shiva and Vishnu.

The origins of Brahma prove to be most contradictory from source to source. In fact one [illegible] seek a legendary story to suit the mood of the moment. At times held to be self-created, his birth is also said to have been from the golden cosmic egg floating on the cosmic sea, and from a lotus flower sprung from Vishnu's navel.

Brahma, since the world seems to have accepted the [illegible] of its creation, has lost much of the popularity of dignity he once enjoyed to his two fellows the Destroyer and the Preserver. Many folk stories even place him in [illegible] by some demon or sage, [illegible] his dignity the intervention of [illegible] Vishnu is necessary. Yet in the [illegible] his heaven is still the most [illegible] all those things [illegible] of the other gods to [illegible].

[illegible] red or pink and he has four heads. Originally it was five but the [illegible] of Shiva's third eye burnt one to ashes. [illegible] the Vedas he is [illegible] man carrying [illegible] vehicle is the [illegible] knowledge [illegible] is said to have [illegible] himself [illegible] what he and [illegible] against Shiva and [illegible] pillar [illegible] one thousand [illegible] he and Vishnu capitulated and acknowledged Shiva's superiority.

*Max Zwemmer*

IT/33
JUNE 14 — 27
1968

# ANTI-U FOXTROT

TWO terms of the fo[illegible] people were getting bogged [illegible] only some actively tried to make changes. The administration oppressive understandingly cautious! Why bother me? Dance what you want! I'm just the band leader [illegible] went on playing the fox trot, fox trot, fox trot.

And then it happened. Completely unexpectedly the administrative opposition was out. The regular bi-weekly meeting that seemed destined to be an administrative means of demoralising the forces for some structural change were turned from the atmosphere of complete sovereignty in the hands of the members present into one where every member of the opposition [illegible] entered. [illegible] was taken from the microphone saying the meeting. But if the meeting had a dictatorial style evident from the first [illegible] the leader [illegible] whenever that was would have determined entirely. For the first dialogue was one between rebellious children and a stern [illegible] though understanding [illegible] fed or supported by some seemingly good sons.

This was the way it was for this was the way it was formed [illegible] by the founding father. The rebels were told in effect, to go out and start a family of their own if they wanted participatory democracy and the like. The family had its setup and was not interested in the acting out of personalities put together by [illegible] and slips. It was not interested in [illegible] meetings as the vehicle of decision making. It was not interested and thus was fed.

But this time there was a new representation of the administration, one who felt that the part was one he'd been asked to [illegible] meeting of the theme. We lost our father but we did not gain a strong brother. He participated as weekly as any other single voice in any other wanderer in this experimental forest. The theme upon whom we blamed everything no longer existed. The question of the finances, the question of the this and the that of the past no longer held allure. The rebels had no longer to debunk the theme via the past screwups and the past inconsistencies. It became all WE and thus means all elements in the future.

So here we are we want to tell you that the anti-university is YOURS. Those of us who played much of it the opposition role are not interested in leadership, now that that power possibly is springing into reality. We're interested in opening up all the valid forces thus sprouting [illegible]. We're also interested in presenting [illegible] code of behaviour or standard of excellence that would be [illegible] of arriving on only what we present selves deem worthy. So here we are asking you to come [illegible] full [illegible] from [illegible].

[illegible] we would like to say [illegible] we would like to say.

But we can't. Only you can talk for yourself. We're going to have a 2-day weekend get together in Regents (or some other) Park, July 6 or 7 so that in face-to-face contact we as equal members can personally commit ourselves to the creating of courses. Some of us will be interested in the standard teacher student course groove and for them and us a big bulletin board will be there for people to sign up. (A provisional catalogue of such courses is also being prepared and will be available.) And all the [illegible] spring conference there shall be accepted. Let a thousand flowers bloom.

And where is the money question in all this? The £8 fee per term is out. We know that. We have to finance the physical plant, mail, electricity and secretarial material. But this isn't going to be decided by fiat. This is one of the things that must be worked out at [illegible] meeting. Some people can't pay. Some people can. Some people need. This has to be settled. Flats to houses and rooms throughout London are needed. An [illegible] mail newsletter to get over the price of [illegible] to get ourselves off our newsletter [illegible] is needed and that is the beginning of an appeal to those who [illegible] themselves in such processes. Active ideas are needed and will be needed continuously. We only want the anti-U to be a medium through which anybody with anything can experience doing.

Instead of acting as satellites to the stars in our social universe phase II of the anti-U is [illegible] space for everybody to act as stars.

Call and stop in!
Though the old term [illegible]
in the old style
the new [illegible] is
growing roots in the present.
FEED THEM!
Anti-University of London
49 Rivington St. Shoreditch
739 6951     Old Street Tube

*Martin Segal*

# MIME

The [illegible] is not all language but not ours. But the poverty [illegible] describing it is usually a lack of presence. The advantage of mime is that of function: it provides a definite [illegible] empty to look at to watch and enjoy purely [illegible] we see it. For the addition of [illegible] of providing a set, a sequence of moving symbols that relate to the world more than [illegible] sense. As they move the symbols change. As they change the [illegible]. This [illegible] highly complex [illegible] would be impossible. But this [illegible] should go [illegible] the movement [illegible]. Then we [illegible] say [illegible] mime is about that is [illegible]. The only definition of [illegible] that [illegible] knowledge is that mime is.

**BAZ KERSHAW**
**WILL SPOOR**
**& CO...**
([illegible] at the Arts Lab)

# LANGLOIS

THE crisis in the French Cinematheque (reported at length in IT/27) has had as the French say, a happy end.

In late April the assembly of the Cinematheque in its emergency meeting [illegible] unanimously re-elected Henri Langlois as director. The French government's recently-chosen administrators were then paid off and [illegible] to the limbo whence they came.

But problems remain. The government subsidy of 2 million francs per year has stopped. They still don't trust Langlois with the taxpayers' money. They will continue to provide the two [illegible] halls and the film depositories, but the Cinematheque will have to find its own funds to pay its 60 employees and to purchase and restore its films.

In retrospect it looks like the victory [illegible] of the cineastes (led by Godard) against De Gaulle's attempted takeover of the Cinematheque last February was the first spark that eventually led to the student [illegible] in May.

Can Henri now make it to Downing Street via British Lion and the LSE?

*Victor Herbert*

Musicland
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44 BERWICK ST W1 REG 1636
PLASTIC DREAM MACHINE FOR [illegible] BAY 3077

TYRANNOSAURUS REX L.P.
Released 1st July 1968
However it IS available from
MUSICLAND on JUNE 26th 1968

# CAN CANNES SURVIVE

THE Cannes Film Festival scoffed its chance to become the first Cinema Commune of our generation when Jean Luc Godard and Francois Truffaut rushed down there from Paris to spread the revolutionary word but succeeded only in closing the Festival doors.

The Festival was a week old when a morning meeting was convened to inform press and public about latest developments in the Cinematheque's Affaire Langlois (See IT/27). But Truffaut visibly agitated opened the meeting with a message that Paris students were shocked that the Cinematheque hadn't yet seized the Festival and driven the film merchants from the temple. Claude Lelouche immediately announced that he was withdrawing his film [illegible] from the competition (and the other two French entries soon followed suit). Roman Polanski, Monica Vitti and Louis Malle then said they would resign from the Jury and set out to get others to resign (Terence Young's [illegible] quit). Finally Godard, who never loses an opportunity to attack the system, urged the 300 assembled to take over the main Festival cinema hall. Which they did.

At opening time for Peppermint Frappe the Spanish entry, [illegible] they found [illegible] and [illegible] the next move. He told them (1) show all the films continuously to everyone free day and night, (2) allow foreign films to continue without any prizes (3) kick out the [illegible] public and show films only to cineastes or (4) just close the Festival down? At this point the people [illegible] to show the Spanish film but [illegible] that was the end of Peppermint Frappe and [illegible] turned out of the Festival [illegible] the present was still going.

The only ones who KNEW what they wanted were the UNEF [illegible] who had [illegible] with Godard STOP THE FESTIVAL. And that's what happened. At [illegible] the next morning the Festival Director announced the closing, saying he was no longer able to protect films. Godard, Truffaut were already on their way back to Paris where [illegible] a film record of the events.

The [illegible] with the Cannes Festival [illegible] made of endless [illegible] for the publicity of the Grand Prix [illegible] films chosen by Louis Marcorelles [illegible] the 200 [illegible] films shown throughout town in the film market. But because none of the film-makers knew what they wanted to do with all these films they lost their chance to change the system. A [illegible] from the University of Nice [illegible] in the hands of the students like all [illegible] them to [illegible] but [illegible] was picked up by only two of the filmmakers.

The last film shown was Peter Lennon's ROCKY ROAD TO DUBLIN, an angry attack on the politics and clergy of Ireland while [illegible] little in the way of [illegible] to be expected. The next film on the list (shown the next day [illegible]) was to be Jack O'Connell's REVOLUTION, the [illegible] report on the San Francisco hippy revolt. Cinema [illegible] and life are [illegible] with each other.

And [illegible] we [illegible] did [illegible] anything about Langlois and the Cinematheque.

*Victor Herbert*

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# SKY IN HAIR

TYRANNOSAURUS REX's new LP
'My people were fair and had sky in their hair. But now they're content to wear stars on their brows.'
(On general release from July 1)

As [illegible] at the drapes [illegible]

[illegible] Steve [illegible]

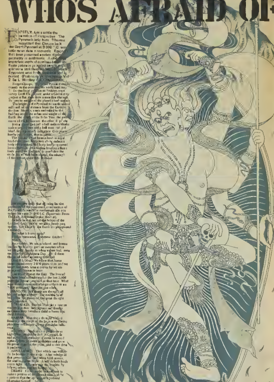
However [illegible]

[illegible] John Peel [illegible]

*[illegible]*

THE WORLD OF COUNTRY MUSIC IS AT 355 HIGH RD. LEYTONSTONE LONDON E.11

# WHO'S AFRAID OF ICARUS



FIRSTLY. Let's settle the question of Perspective. The Pyramids help here. 'Whoever suggested that Cheops built the Great Pyramid in 3,000 B.C. was little more than a romantic. Egypt at that time possessed neither algebra, geometry or arithmetic. A crude, imperfect method combined with infinite patience provided simple multiplication and division [illegible] which Egyptians were both [illegible] and ignorant.' (Prehistory of Universe Vol 2 Sir L. Woolley [illegible])

Forget Cheops. The Great Pyramid [illegible] exactly in the centre of the world land mass. To fix this local position its builders must survey Earth from space, make a Global map, project it flat, then draw a meridian through the precise centre of the planet's land surface.

The height of the Pyramid is one thousand millionth of the distance from the Earth to the Sun. Measurements embodied in the building reveal the mass and weight of the Earth, the length of the Solar Year, the precession of the Equinoxes, the [illegible] of planets.

It contains two and a half million blocks each averaging two and a half tons, cut and lifted, fitted precisely into place, their joints hardly perceptible, thin as paper.

The Sphinx, a giant human head in royal head-dress, towers sixty feet above the lion's body, two hundred and forty feet long, carved from solid rock. The human head on a lion's body would seem to symbolize the evolution of Man from animal, the triumph of [illegible] over brute.

[illegible] agree that allowing for the problems of the engineered construction of the Pyramids would be mathematically consistent [illegible] 75,000 B.C. (Spacemen From The East, Raymond Drake, Book 2).

So let's face it: we are the babies of the Cosmos. Let's face it: we are a developing species. We're still in the Earth's playground nursery.

But what is learnt again?

[illegible] Universal Governor (Higher Self).

Basically: We are at school, and learn [illegible]. The teacher gives us sweeties when we are good, spanks us when we are bad, even [illegible] for Graduation Day. All of these [illegible].

[illegible] We know that Icarus comes round every 2,000 years or so, and we know that every time it comes by we are given a lesson to learn.

[illegible] Always the East. The lesson? We have been following it for the last 2,000 years. The lessons preached at that time. What were those lessons and who gave them to us 2,000 years ago? Here are just a few.

LAO-TSE: 'All things are the [illegible] of [illegible].' The multitude of beings are but phases of the great thought made manifest.

[illegible]: Eternal Thought is one, in essence it is two, Intelligence and Energy, and when they breathe a child is born; the child is Love.

[illegible]: When the thought of God [illegible] the range of the Septenate [illegible] planetary [illegible].

[illegible]: [illegible] Light [illegible] Self [illegible] and [illegible] earth he found a place [illegible] he could [illegible] and grow. He grows [illegible] the plant, and so does [illegible] is perfected.

APPOLLONIUS: That which man wills to do he brings [illegible] to do. A knowledge of that power is faith, and when faith moves, the soul begins its flight. A selfish faith leads not to light [illegible] the heights by helping others [illegible].

CHRIST: [illegible] to make a pattern of the [illegible] that [illegible] be a pattern that the age [illegible] comprehend. (Aquarian Gospel [illegible])

How about the predecessors around about 3,000 B.C.? Any lessons that we know of?

Babylon: Shamash, the beneficent Sun God associated with the metal Gold, shown sitting in his shrine with a four pointed star and rays, he poured as Illuminator of the Regions, Lord of Living Creatures, Judge of Good and Evil, who presented King Hammurabi with the tablets of the famous Laws of Babylon.

Quote from Raymond Drake's 'Spacemen in the Ancient East': 'It is significant that Hammurabi, a wise and benevolent ruler, received instructions from Shamash about the same time that Abraham talked with Jehovah only a few miles away.

'The God dwelled in the Eastern mountain, [illegible] opened the gate of the morning and lit up heaven and earth with beams of light. Such a concept are not the rising sun but it could possibly be the Babylonian impression [illegible] also reported at a spaceship from the East, the Power and Glory of the Lord.'

Getting excited? Don't worry. Demand not things to happen as you will, but will them to happen as they happen and you will live in peace. ([illegible] Enchiridion).

So where do we stand now? How are we different from 2000 years ago?

The months [illegible] before that Man has learned to survive in terms of [illegible] as an animal. The battle between Man and Matter is concluded. Man is now able to [illegible] all the necessities of living and physical enjoyment without having to lift a finger. Technologically every single fact [illegible] of production and processing [illegible] can be [illegible] entirely automatically.

So where do we go from here? [illegible] now Man needs to [illegible] Man [illegible] everything that it [illegible] to destroy him was wonderful (this is because the spirit [illegible] beautiful and did not want to live very long in a body that was involved in painful struggle against its environment).

Up to now Man had to find ways [illegible] thus Man had to consider fighting his fellow [illegible] Man had to spray arsenic [illegible] countries [illegible] health.

But that is just the end of a [illegible] Change of the Age [illegible] Holiday Time. If read correctly, we have come through the transient part of that, and the [illegible] of the Aquarian Age is rather [illegible]. We are being given a chance to [illegible] happiness. Everybody is invited to the party and even the baddies will get something nice.

SO WHAT IS THE NATURE OF THE CHANGE?

HOW DO WE IMMEDIATELY EXPERIENCE THE CHANGE?

This is easy to explain, and [illegible] experiment will [illegible] this.

Up to this time the tendency [illegible] to create good in the world (Conscience [illegible] Intelligence and Energy) [illegible] physical pain and suffering in this world, with the hope of happiness in the next.

Up to this time the result of satisfying the self at the expense of others was [illegible] pleasure that never lasted [illegible] satisfied and a mysterious apprehension of pain in the next world.

NOW THE CHANGE

Anyone who acts with his conscience [illegible] (and the first thing intelligence tells you is that it only comes [illegible] the whole) experiences a state of [illegible] with everything that is [illegible] some people have described Paradise.

On the other hand, anyone who [illegible] his conscience [illegible] intelligent energy [illegible] to destroy [illegible] actually feels [illegible] physical pain [illegible] the line towards [illegible] happiness [illegible] relax [illegible] and beautiful, and [illegible] harmonies and energies which were previously dormant.

A person who [illegible] is easily recognised both to himself and other people [illegible] happened to [illegible] he will [illegible] takes an effort [illegible] blood pressure will [illegible] face will actually change [illegible] bright [illegible] mental [illegible] physically [illegible] eventually [illegible].

The [illegible] of 'beautiful' [illegible] inside a monster will of course [illegible] get out as quickly as possible [illegible] he will find that he is [illegible] have a tendency [illegible] anything [illegible] He will feel secretly happy about germ warfare establishments and may find himself providing money for the construction of instruments of destruction. He will consume poisonous substances in large quantities because he knows they will kill him eventually.

In other words anyone not interested in creating happiness finds that he is being forced to remove himself off the face of the earth. His spirit will only take so much. And up to now he didn't even realise it. But now he feels the pain. If he continues to create hell he will kill himself. That is all. He actually feels the pain NOW. He can go on torturing himself and others as long as he survives. He still has the choice. No-one can deprive him of that. But the pain he now feels when he restricts happiness or creates ugliness is real and it wrecks all over him. HELP HIM IF YOU CAN – EVERYONE MUST HAVE A CHANCE AND THERE'S AN ANGEL IN HIM TOO

If you feel like fighting dragons, don't. We need all the dragons we can get. Get as close as possible, then tickle him in his belly and make him laugh. He doesn't know that dragons are just as friendly as the rest of us really. And once he realises that he can make people happy too — ZAP

Anyway that's the change because it's the Aquarian Age now. It's different.

First stage was MAN versus ENVIRONMENT.

We have finished that battle — we can now obtain all necessities of life AUTOMATICALLY; the push button is technologically possible NOW for all necessities.

NEXT STAGE. Man no longer needs to glorify destruction and sacrifice of Man (himself).

Absolute survival is NOW AVAILABLE. Anyone who creates good vibrations around him: Grows Younger, Feels Younger, Survives and is Happy.

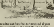
Anyone creating bad vibrations: those vibrations begin to destroy him.

(No wonder the Maharishi was laughing so much.)

The mystery of Life is not a problem to be solved, it is a reality to be experienced. (J. J. Van der Leeuw, The Conquest of Illusion)

For anyone who cares to see it that way he can imagine himself as a viewing point inside a machine comprising an intelligent mind controlling sensory perceptions encased in a body, of which he can make use for the purpose of enjoying existence.

He is neither mind nor body and is not attached to existence in the body by anything except choice. When inside the body the mind collects sense stimuli and presents impressions to the awareness for evaluation, actually his enjoyment.



The idea can best be understood if you imagine yourself in the middle of a total Cinerama experience, but one in which you can make actual changes in the drama as it goes along. You are the star and the director. By use of your intelligence and imagination you can make your Cinerama either better or worse.

You improve it by increasing the degree of happiness and smiles around you. It deteriorates when you act without fully realising what you are doing, without realising that EVERYTHING on your trip is INTERESTING.

If that is hard to accept, try an experiment. Just look around the room and check off all the things that you are actually not interested in. You are interested in everything. But you chose to imagine that you weren't.

If you think about it, the situation is idyllic. We are in an incredibly beautiful and interesting environment, and we've got PROBLEMS. We can also expect surprises all the time.

The only thing that slows you down is if you imagine that a part of your Cinerama is nasty. Once you refuse to accept parts of it, you are losing a part of your trip. The nasty bits are there to give you something to do. Just accept that they also exist. They are YOUR PROBLEMS, and you can choose any or all of them to interest yourself in. In fact the most interesting part of the trip is to find something that looks like a dragon and help it to discover that it's really an angel.

Once you have discovered that you are neither your body nor your brain, once you realise that these are a vehicle that you use as you wish, you are no longer restricted by the limitations of the vehicle.

The following is pie in the sky for most people, but there's no point in leaving it out because it is interesting and it's true.

Get the awareness clear of the body JUST ONCE: experience being at another point in space than inside your body, and you are free with your consciousness, and conscience means KNOWING.

And any scientist who imagines that we cannot be in two or more places simultaneously is recommended to read Science Nobel Prizewinner Dr. M. Tuve's treatise in which his work on the structure of atomic particles

gave him the mathematical proof that for every known fact from $1 + 1 = 2$ up to $E = MC^2$ the opposite or any other variation could also be scientifically proved. In other words things are very much as we imagine them to be, and whatever we imagine them to be determines to a great extent how they will appear to be. It is now scientifically proved that we are whatever we care to imagine we are.

So let's realise that Icarus will give us as much happiness as we give the world, and if we care to make a tiny effort, nobody need be afraid of Icarus.

He who sees the Infinite in all things sees God. He who sees the Ratio only sees himself only. Therefore God becomes as we are that we may be as He is. (William Blake)

And be not forgetful to entertain strangers, for thereby some have entertained angels unawares.

*(Little C I A)*

## 'FACTS'

Discovered 1949
Reference Number 1566
SPEED One astronomical degree per hour
Diameter 1.5 miles
Mass No information available
Distance from Earth at closest approach 3.84 million miles
Time of closest approach to Earth 9.38 pm B.S.T. June 14th 1968
Magnitude 13th. Not visible to the naked eye
Position at closest approach to Earth: In the Northern sky near the plough, travelling towards the plough handle
Oscillation/Change of Course: Royal Observatory Herstmonceux: no information available. Jodrell Bank, although not making observations, assert that Icarus is maintaining its predicted course

On the 15th June 1968 Icarus, a fairly large asteroid, passes close to Earth. The calculated distance between Earth and Icarus at their nearest point, if present calculations are correct, and if no other force or body deflects its course, should be about 4 million miles. The Earth circles the sun once every 365 days and Icarus circles the sun in an elliptical orbit once every 409 days. Icarus passes fairly close to the Earth once every 30 years. The earth tremor cycle in this part of the world is once every 30 years.

This shows that although the distance between the two bodies in space is never less than 4 million miles the magnetic and other forces which flow between them are still powerful enough to cause certain vibrations to manifest themselves in the material structure of this planet.

As the material structure alters at the peak of each 30 year cycle, such properties as natural magnetic fields also fluctuate.

The brain and nervous system is basically a complex electrical circuit running through the electro-magnetic fields of the Earth and other planetary bodies.

An electric current flows through a conductor as it passes across a magnetic field. As the magnetic field fluctuates, the signal induced in that conductor fluctuates accordingly (like a natural transformer).

As Icarus approaches and finally passes the earth, new fluctuations appear in the natural electro-magnetic field-patterns of the earth and is transferred by natural laws of electro-magnetic induction into the nervous system of man (Man as his collective consciousness) manifesting in the Earth as earth tremors and tidal waves, and in man as new, strange (revolutionary) concepts and ideals.

For instance, the last time Icarus passed and exerted such influence was 1938, which was the last year of extensive earth tremors in this country and also the beginnings of World War Two.

Although Icarus passes fairly close once in thirty years, it passes at the present distance and course once in only 4,500 to 5,000 years. This is not to be confused with the Cosmic Year (2,000 Earth years). Just as the moon circles the Earth approximately once every 29 days, and the Earth travels once every 365 days around the Sun, our solar system circles the Milky Way once in 24,000 years, passing through twelve signs of the zodiac. It takes 2,000 years to pass through each sign. In 1975 we will enter Aquarius out of Pisces.

The last time Icarus passed earth in a pattern identical to that on June 15 this year the electro magnetic fluctuations tuned man not into war as in 1938, but into receptivity of Higher Spiritual Knowledge (e.g. the foundations of Hinduism, the present mystical schools of Egypt, Druidism and certain mystical schools in central and South America).

Just as every thirty years Man is tuned in to personal relationships on the material plane, resulting in various social, political and economic changes, every four or five thousand years Man is tuned to Knowledge of his relationships not only with himself and Man as a whole, but other patterns of consciousness existing in other parts of our solar system and galaxy.

I am not aware that anyone has included the influence of Icarus in their astrological calculations. If they have not, then a little revision ought to be done. For as the asteroid passes each planetary body, the general vibrations (i.e. electro-magnetic field-patterns) of each planet are successively modulated.

Thus the most important influences which Icarus exerts upon us may not in fact be as it passes Earth, but in each planetary body through whose field we pass.

Now Icarus is between Man and Earth. After passing earth (the emotional and spiritual climax of people coming together) he has to pass the orbit of Venus and then Mercury.

I forecast that at the height of summer this year many people will be moving throughout the country doing various things. Unlike being on the road, these people will not travel to search, but to teach and spread VERY POWERFUL VIBRATIONS. I also forecast that before the period from August 11th to September 25th, what is called the Underground should form a very close nucleus of communicating minds, communicating in more subtle ways than ordinary words and pictures. For between August 11th and September 24th the 'authorities' plan to do their best to destroy the Underground once and for all.

They will fail because we are to use tactics rather like Judo, but Judo of the mind and spirit and body — 1968 is the Year of Coming Together.

*Lynn Darnton*

# JOHN PEEL

THE past few weeks have been among the saddest in my life for many reasons that I shouldn't trouble you with. I am sorry that this may have projected itself onto my relationships with other people or onto 'Top Gear' and 'Night ride'. There seems to be no end in sight either and I really can't fake happiness [illegible] actually.

[illegible] accept this as the reason [illegible] I'll devote some [illegible] the mail. This [illegible] sort of 10,000 [illegible] you [illegible] the radio [illegible] does add up to about 200 a week which is too much to cope with alone.

I've listened several times to the Deviants LP and it really is quite good. Some of it is excellent in fact and I think you should try to hear it soon. It has all been developed through the Underground which to date has been very [illegible] for love, although filled with [illegible] ideas.

It has been good travelling around England this past month doing whatever it is I do. There are so many places and people of [illegible] and beauty. If all students were like those I seem to meet I would feel a lot happier about the future. There was a programme on TV last night about germ-warfare and it was grotesque to hear the technicians, soldiers and [illegible] discussing the effects that these productions of theirs would have on you and me. The same Porton [illegible] with [illegible] regularity and it would seem that we have a lot to answer [illegible] us to do so and believe me it will come.

There has to be an alternative to the sickness of the [illegible] society. Whatever it is, we must find it because they are not looking. When we do find it it must be so simple and so obvious that everyone will just stop destroying themselves and say 'Hey that's it'. Keep searching. The answer lies within you somewhere.

Astaris another [illegible] has become [illegible] in the light of recent investigations [illegible] sex. Polly [illegible] is also male but [illegible] Polly. [illegible] brings me much happiness in small [illegible] at time.

Somewhere in London [illegible] on the fringe of the Festival Hall is an amazing soprano-playing busker who was [illegible] by the Raven. If you see him thank him how you will for playing such nice music. By the next issue I will try to come up with a detailed report on the new Captain Beefheart LP. The tracks for the rather faithful are 'Ah feel like Ah cud', 'Safe as Milk', 'Trust Us', 'Mirror Man', 'Tomorrow', 'Beatle Bones and Smokin Stones', 'Hop Boy' and 'Kandy Korn'.

A lot of people [illegible] to have [illegible] frustrated that they don't see what I see in the Magic Band and their [illegible] leader. I have searched around the murky shadows of the [illegible] mind and don't really have a convincing answer. All I know is that there is no other group I've heard that has such power and the ability to communicate it to me. That's all.

A flurry of records, incidentally One-Stop now has John Fahey LPs [illegible] Welford Records [illegible] of 6 Lewisham Way, New Cross, S.E.14. You should [illegible] at least one each. Heard the new Tom Paxton LP [illegible] from Elektra [illegible] one track called 'Talking Vietnam Pot Luck Blues' which is superb but probably unplayable on the radio. From the same label I listen to the Ars Nova LP which is very good. [illegible] Jelly as I recall. Those of you who've heard only the pretty tracks from Tiny Tim—the rest of it all is amazing and well worth the gradual [illegible]. The Steve Miller Band LP on Capitol is quite nice [illegible] probably [illegible] with [illegible] as does the Quicksilver Messenger Service LP on the same label. This [illegible] really does grow on you (I really must work out a new vocabulary for record reviewers).

On Regal Zonophone LRZ 1003 'My people were fair and had sky in their hair. But now they're content to wear stars on their brows' by Tyrannosaurus Rex. I've lived with this so long it feels like a six-month old record and I'm waiting for them to do their second LP. This has 'Hot Rod Mama', 'Scenescof', 'Child Star', 'Strange Orchestras', 'Chateau in Virginia Waters', 'Dwarfish Trumpet Blues', 'Mustang Ford', 'Afghan Woman', 'Knight', 'Graceful Fat Sheba', 'Weilder of Words' and 'Frowning Atahuallpa'. The last track has the [illegible] reading a short story of Mine. (Don't count this as making a record though really. I am resolved to resist [illegible] to record. I have a fear [illegible] voice although this [illegible] seem to have affected some of my broadcasting colleagues) because I would only record things I would like you to hear. I will [illegible] I promise you. Anyway the only things I can sing are Buddy Holly songs and then I can only sing along with the record and even these efforts are rumoured to be responsible for an exodus from Fulham.

From Canada come the Collectors and their LP on Warner Brothers has some good moments, notably Howard Christman's 'Old [illegible]' which is a semi-play on 'Onward Christian Soldiers'.

Frank Zappa's 'Lumpy Gravy' is strange. I honestly don't know if it's good or not. I enjoyed listening to it on a blue carpet though. The Joni Mitchell LP 'Song to a Seagull' is really very beautiful. Her songs have been recorded by people like Judy Collins, Tom Rush and the Fairport Convention whose LP is on Polydor. There are a lot of nice things on the Fairport C. LP too (Polydor 583 035) especially 'Time will show the wiser' and it's a slight [illegible] rehearsal. They must be one of the best groups in the country — go and see them if you can. Inci[illegible] I'll be preparing your [illegible] heads for [illegible] Selection.

The CBS Rock Machine Turns you On award [illegible] but the campaign worked well in America so they're trying it here. There are 15 LP's involved as components of the Rock Machine and they are all quite good. I can't remember all of them but some are already available such as Roy Harper's and Dylan's. Also included is the Zombies which is very good indeed as is the Elmer Gantry's Velvet Opera record. From what's left of America are such things as the Taj Mahal, the Spirit, the United States of America (very good), The Notorious Byrd Brothers (already released), the Peanut Butter Conspiracy, the Electric Flag (disappointing generally), Blood Sweat and Tears (already [illegible] and [illegible]), the new Moby Grape which is very good, Leonard Cohen (already released and [illegible]) and finally for some obscure reason Parsley Sage Rosemary and Thyme which is over a year old now although nevertheless essential.

I am struggling to think of a name for the second Fleetwood Mac LP and have thought of nothing yet. Also from Blue Horizon stand by for an LP of genuinely previously unreleased material by Elmore James and an LP by John Brim. Thank God for record companies that care. Also on this have you observed that Pye have started releasing everything good on Stateside which is great?

Almost enough of records. If you've heard the sound of the [illegible] I've found a commercial record of one. It's 'Ragas from South India' on Folkways FW 8854 which is distributed by Transatlantic. Also on Folkways are the poetry LP's of Kenneth Patchen which are very warm and close somehow. There is so much good music [illegible] all unmentioned. Why do people take refuge in obsessions with the squalid, the dire and violent? It is all so sad. We can't escape it and we are not overcoming it.

Lastly the two Blues Anytime LP's on Immediate are very interesting indeed and boast much good music.

Track 612 005 is the Crazy World of Arthur Brown and I think it has captured their elusive spirit very well. Hearing it brought back many good thoughts of last year's beautiful little happy summer. I think you will want this too. Playing it often relieves pressures on the head, eases warts, makes the stars blink and evaporates homicidal [illegible] it.

It is not easy to write to you from the [illegible] tongue me the trivialities and say 'Hello' at least when we meet. I love and am afraid for you.

SMALL FACES

WHICH WERE IN THE STUDIOS
HALLOWED BE THY NAME
THY MUSIC COME
THY SONGS BE SUNG
ON THIS ALBUM AS THEY CAME FROM YOUR HEADS
WE GIVE YOU THIS DAY OUR DAILY BREAD
GIVE US THY ALBUM IN A ROUND COVER
AS WE GIVE THEE 37/9d
LEAD US INTO THE RECORD STORES
AND DELIVER US OGDENS' NUT GONE FLAKE
FOR NICE IS THE MUSIC, THE SLEEVE AND THE STORY
FOR EVER AND EVER

IMMEDIATE

Dear Times people

brenda and dj and me are in the room to night we have exhausted our finances on all your adverts for big penises and rude ladies with no clothes and vaguely looking for sexual guidance we have sent our urine samples to all the best pregnancy places and none of us is pregnant.

we have looked at all the photos in your paper too we also looked at the funny cartoons and we read about the lysergic acid drug that all my modern people take also the drug marijuana that young people smoke and which is illegal

there is also much about hippies, and flower and art and music and we read all this too the writing in your paper is very enthusiastic about all the things in the paper and is about lots of people being very keen and happy about it all too

brenda is sewing on a mat embroidering as ones know all these feminine domestic things and dj is sitting in a chair and I am on one of the beds there are two typing this letter to you on brenda's typewriter mostly we are fairly bored we have talked about sexual things and bodily things and now we are all talking quietly although things aren't too quiet because there is some music being played on the wireless tonight which we are listening to

we also wrote a letter to barbara who is a friend and we are also drying a blanket that was washed and dj suffers a bit from heavens thoughts and I am feeling rather poor in all earlier and couldn't eat it all brenda is not feeling very bright either we have had some coffee to drink and a girl who lives downstairs has borrowed a shilling from us for her meter I suppose it's funny how you get to meet people and get so much out of life isn't it?

yours faithfully and

Us Three

# bit

PUTTING BIT in all its various [illegible] operation is happening in accord[illegible] with a larger reorganisation of various enterprises including IT and various [illegible] production and distribution companies

It is still too early yet to be able to give any final [illegible] However the following scheme is proposed and I would be grateful for any suggestions and comments.

BIT

1 Memory bank containing information about information. If you want to know something you contact BIT and this section will tell you where to find the information you require [illegible]

2 Memory bank containing information based on London starting with information already available that is of present standing anywhere else

3 Search facility. When information is requested which has not yet been gathered this section would start a gathering operation using media and any other means

4 Dispersal facility. Information gathered to be made available to any interested parties media etc

Note Section 2 would comprise several memory banks in particular [illegible] of community facilities, future events, available people and their individual capabilities etc Projects already started

COMMUNITY REQUIREMENTS A list is being built up of things that need doing in the community at any level

METHEDRINE A search operation for information about the use of methedrine in Middlesex. Please let BIT know what you would like to know on this topic whether you are a researcher, a newspaperman, a [illegible] or just without any special reason. This information will be statistical only and will not involve personal details of any individual

BIT REQUIREMENTS BIT needs help on the following topics Use of computers, organisation methods, methods of coding, information systems analysis, cybernetics, operation and analysis of [illegible] to be printed in media etc telecommunications, information retrieval

IF YOU CAN HELP WITH IDEAS OR INFORMATION OR MANPOWER PLEASE WRITE BIT c/o IT 102 Southampton Row London W C 1

*John Hopkins*
*Coordinator BIT*

# Dear it

Dear IT

We are fascinated

In IT 31 we said we would deal with about 75 cases in May but as Spring was making its [illegible] we [illegible] well there are nearly 400 cases on file

People have been coming into the office clutching [illegible] [illegible] saying 'Are you mad THAT bad?' Well, yes, we are [illegible] [illegible] in the Courts

The figures for drug convictions in 1967 are not yet available. [illegible] [illegible] impossible for the Home Office to cope with the figure [illegible] [illegible] Anyway the 1966 figures are pretty revealing.

In that year there were 10,435 convictions compared [illegible] a rate of over 125 over the previous 14 years. About 2,000 alcoholics were [illegible] that year but there were [illegible] 2,000 arrests for OTHER drug offences.

The Drug Squad [illegible] [illegible] 17,000 people [illegible] [illegible] [illegible]

[illegible]

Caroline and Rufus
Release
52 Princedale Road
W 11

Dear Whoever You Be on the Chain of Selection

I am writing to ask you to realise that I have had a one way form the writing of something very important to me (perhaps one day you may learn of it) but the impulse was upon me and so long. I want to use you as a medium I want to reach the people who read and are influenced by you. [illegible] I have a [illegible] [illegible] something which I have just realised to be wriggling out of your philosophy

Your philosophy is its basics a beautiful (done many many times before [illegible] it will always have been so) and love, universal, all embracing, and shall be the only path to Ultimate Truth which is true in the only possible state of an Absolute Future (which this ultimate makes future possible). But I am not willing to suspend my [illegible]

You of the Underground sympathise, you the beautiful people flying high above the greys, you of the high ideals and the reality of [illegible] [illegible] there is no room for you but you can [illegible] yourself [illegible] your doubt but you are [illegible] they are fast being forged into hypocrisy [illegible] of your self-induced alienation. You have adopted a language, a [illegible] language, which you [illegible] [illegible] meaningless images are telling for something way-out to shout at people frequently you are trying to create Heaven [illegible] which was at least as new as musical. You [illegible] yourselves to be [illegible] but art [illegible] is a conservative and above all is not true. Speak [illegible] please but don't search for something which will sound [illegible] [illegible]

What you are doing is asserting a superiority, a mental elevation over the greys (the term I [illegible] pity you is use in that word [illegible] the [illegible]). I can't call you intellectual fascists but I would if you have seen the right and only way, but the point is that all superiority is the biggest [illegible] [illegible] possible. Pity them yes but you are not better than them you [illegible] [illegible] you are supposed [illegible] of equality. You are the advocates of love so love them. Don't scorn at them [illegible] with the will they hope to learn Don't hold yourselves above them for in doing so you are defying every good thing you set out to establish [illegible] the true and only values

I am not a reactionary. I have done the same [illegible] things as you (and the motto [illegible] is completely irrelevant) and I am only trying to bring you back down today and also [illegible] my level the level which we have hope in the future

A. Ewart Hatton
254 Wilmslow Road
Manchester 14

Dear IT

While they are hitting students over the heads with wooden clubs in Berlin all you have time for is theatrical experiences. So said a young intelligent American of the first production of the Ensemble at the Roundhouse Combination Hear Hear. And Richard Cohen and David Lasker complain (IT 31) They think she would have been less affronted if she had stayed to the end. What they mean is that they would have been less affronted They think that they are the new culture talking us back to what they call those primitive [illegible] and simple realities. What they are is the new [illegible] They [illegible] the audience [illegible] to turn off the lights and think they are [illegible] the [illegible] back all time they were around in the corners of the bourgeois theatre imagining that they are wallowing in and emerging from the primeval swamp like new-born gods

Was this the theatre of participation? No The audience was not even being told to participate. It was told that it was participating. Shades of Parliamentary Democracy Thank God for one intelligent American who was at least prepared to wait with [illegible] and walk out

Was this a theatre of communication? No Richard and David say that We are trying to integrate the particular talents of each member of the group. And by we they obviously mean they The majority of all [illegible] They are trying to create a beautiful [illegible] system and we are expected to adapt our programmes and think. [illegible] [illegible] the beautiful idea. But [illegible] just you try and integrate. This is an affront to the idea

Ideas are action and action is ideas and if you want integration then you must integrate. Go on writing, Richard and David, if you want to, but keep the lights off and don't expect to find us there when you finally turn them on again

The primitive actions and the simple realities are on the streets of Paris and Berlin. And the students and workers will not sit and be manipulated by your ideas. The theatre has always been based on the division between reality and fantasy taking reality into the area of fantasy and bringing fantasy into the world of reality. And reality was the audience and fantasy the performance. Today from one end of the world to the other fantasy is reality and reality is fantasy. We walk with fantasy when we walk the streets. The theatre has moved onto the streets. The theatre has become the people. However hard and however sincere The Ensemble was trying to recreate the separation between the fantasy and the reality between the system and the people between authority and power and in the style of all authoritarians pretending that the separation does not exist

It is this separation which the students are smashing at the barricades. Thank goodness for one intelligent American girl

Mike Harwood
27 Rosedale Road
Richmond
Surrey

# MERSEY

TWO MONTHS after putting an ad in IT with the intention of getting a community scene together on Merseyside here are a few observations which may or may not be typical of the state of things in the sticks.

Faced with the difficulty of communicating with people [illegible] and then getting into the [illegible] community idea [illegible] [illegible] of [illegible] helping each other sharing books records and thoughts and digging the company at weekends with the anxiety lurking at the back of one's mind that we should be doing something more concrete

The [illegible] hang up is apathy. It's always easy to listen to records drink coffee then go [illegible] build castles in the sky [illegible] to do something [illegible] of lasting value.

It seems impossible to achieve a balance of the sexes our ratio is [illegible] Where are all the hip girls? What do they do for leaving University? Or is the husband, semi detached and baby syndrome too much for them?

There is a lot of dead wood in the scene It's been said before young kids who drop out and don't know why [illegible] (parents) and NAB their parents and others. You've got to realise that life without purpose is nothing. Putting it simply [illegible] work [illegible] an office or death factory. There [illegible] opportunities for creative self-expression by which one can make good bread. A few old [illegible] [illegible] decoration and design [illegible] work for shop displays home photography gardening, [illegible] making [illegible]

My [illegible] aim [illegible] was [illegible] community centre in the [illegible] of the world on [illegible] to act as a local [illegible] for local happenings. There would be music and work rooms a shop to sell people's work a coffee [illegible] poetry readings mixed media events. More things and plays which would make [illegible] the overall expense.

I have the bread and desire to do that. I need people who are at peace with themselves and the world [illegible] [illegible] [illegible] [illegible] lives. My address is 5 [illegible] Road Claughton Birkenhead Cheshire You owe it to yourself [illegible] [illegible] live on Merseyside [illegible] why are you reading IT?

*[illegible]*

# SANITY

[illegible] writes

'Thank you [illegible] [illegible] and Robert [illegible] [illegible]

[illegible]